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Antiferromagnetic Heisenberg Spin Chain of a Few Cold Atoms in a One-Dimensional Trap

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We report on the deterministic preparation of antiferromagnetic Heisenberg spin chains consisting of up to four fermionic atoms in a one-dimensional trap. These chains are stabilized by strong repulsive interactions between the two spin components without the need for an external periodic potential. We independently characterize the spin configuration of the chains by measuring the spin orientation of the outermost particle in the trap and by projecting the spatial wave function of one spin component on single-particle trap levels. Our results are in good agreement with a spin-chain model for fermionized particles and with numerically exact diagonalizations of the full few-fermion system.

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The high control and tunability of ultracold atomic systems offer the fascinating possibility to simulate quantum magnetism [1], a topic of fundamental importance in condensed matter physics [2]. Systems of spin-1/2 fermions with antiferromagnetic (AFM) correlations are of particular interest due to the observation of high-temperature superconductivity in cuprates with AFM correlations [3]. The experimental implementation of the necessary exchange couplings is usually realized by superexchange processes of neighboring atoms in the Mott-insulating state of a deep optical lattice. Superexchange couplings were measured in both bosonic [4] and fermionic double-well systems [5] and short-range AFM correlations of fermionic atoms were detected in various lattice geometries [6–8]. Furthermore, superexchange processes were used to study the dynamics of spin impurities above the ferromagnetic (FM) ground state of bosons in the Mott-insulating state of a one-dimensional lattice [9]. Bosonic atoms were also used to simulate AFM Ising spin chains in a tilted optical lattice [10,11]. However, the AFM ground state of spin-1/2 fermions in a deep optical lattice has so far not been realized due to the very low energy scale associated with the superexchange coupling.

This problem can be circumvented in 1D systems, where quantum magnetism can be simulated without an optical lattice [12–14]. In the regime of strong interactions, the spatial wave function of both fermions [15] and bosons [16–18] can be mapped on the wave function of spinless noninteracting fermions [Fig. 1(a)]. In this so-called fermionization limit, the strong interactions lead to the formation of a Wigner-crystal-like state [19–21], which has a highly degenerate ground state when the particles have multiple internal degrees of freedom [Fig. 1(b)] [20–23]. Close to the limit of fermionization, the structure of the quasidegenerate ground-state multiplet [24–33] is determined by an effective Sutherland spin-chain Hamiltonian, which for two-component systems becomes a Heisenberg model [12,19,21,29,32–34].

In this Letter, we report on the realization of Heisenberg spin chains of \( N_+ \) spin-up and \( N_- \) spin-down particles with \( (N_+ , N_- ) = (2, 1) , (3, 1) , \) and \( (2, 2) \). We show that under an

\[
\mathcal{H} = \frac{1}{2} \sum_{i<j} J_{ij} \sigma_i \cdot \sigma_j + g \sum_{i} \sigma_i \cdot \sigma_{i+1}
\]

Hamiltonian, which for two-component systems becomes a Heisenberg model [12,19,21,29,32–34].

![FIG. 1 (color online). Heisenberg spin chain of three fermions.](image)

(a) Sketch of two spin-up and one spin-down atom with diverging 1D coupling constant \( g_{1D} = \pm \infty \) in a harmonic trap. If the relative spatial wave function of two distinguishable fermions is symmetric, the strong interactions induce a cusp in the relative wave function of the two particles (left-hand side). This causes them to separate like identical fermions (right-hand side). In this fermionization limit the system forms a Wigner-crystal-like state with fixed ordering of the particles. (b) Single-particle contributions to the total (gray), the spin-up (green), and the spin-down density (blue) of two spin-up and one spin-down atom in the fermionization regime in a harmonic trap. Like in a Wigner crystal, the total densities of the ferromagnetic (left), the intermediate (middle), and the antiferromagnetic state (right) are identical, while their spin densities differ and are determined by a Heisenberg spin-chain Hamiltonian. (c) Densities of three particles before (left) and after (right) the tunneling of one atom with energy \( E \) out of a tilted trap. At fermionization, only the rightmost particle can leave the trap in the tunneling process.
adiabatic change of the interaction strength the noninteracting ground states of these systems evolve into the respective AFM states in the limit of infinitely strong repulsion [24,28]. We identify the AFM states by two independent measurements. First, we use a tunneling technique to measure the spin orientation of the outermost particle of the spin chain. Second, we probe the spatial wave function of the spin-down atom in the (2, 1) and (3, 1) system by projecting it on single-particle trap levels.

In our experiments, we realize a spin-1/2 system by trapping ultracold $^6$Li atoms in an elongated optical dipole trap [35,39] in their two lowest hyperfine states $|\uparrow\rangle \equiv |j = 1/2, m_j = -1/2; I = 1, m_I = 0\rangle$ and $|\downarrow\rangle \equiv |j = 1/2, m_j = -1/2; I = 1, m_I = 1\rangle$. As the energy of the atoms is much smaller than the lowest transverse excitation energy in the trap, their dynamics are restricted to the longitudinal axis of the trap. In such a quasi-1D system, the interaction strength between ultracold atoms of opposite spin is determined by the 1D coupling constant $g_{1D}$, which diverges at a confinement-induced resonance (CIR) when the 3D scattering length $a_{3D}$ approaches the harmonic oscillator length and the radial confinement [35,40]. We use a magnetic Feshbach resonance to control $a_{3D}$ and therefore are able to smoothly tune $g_{1D}$ across the CIR. At the same time, scattering between fermionic atoms of the same spin component is forbidden. Throughout this Letter, $g_{1D}$ will be given in units of $a_0\hbar\omega_0$, where $a_0 = \sqrt{\hbar/\pi m\omega_0}$ and $\omega_0$ are the harmonic oscillator length and the trap frequency in the longitudinal direction and $m$ is the mass of a $^6$Li atom.

We start our experiments by preparing a (2, 1), (3, 1), or (2, 2) system in the noninteracting many-particle ground state of the trap [35,39]. By changing the magnetic offset field with a constant rate, we ramp the system into the fermionization regime close to the CIR (Fig. 2), where it forms a spin chain. Below the CIR, $g_{1D}$ is large and positive and the system is in the Tonks regime of strong repulsion [17,18]. When crossing the CIR, $g_{1D}$ changes sign from $+\infty$ to $-\infty$ while the system continuously follows the so-called upper branch [24] into the super-Tonks regime of strong attraction [15,41,42] (Fig. 2). In the super-Tonks regime, the system is in an excited state, which is metastable against decay into bound states.

In a first set of measurements, we identify the states of the spin chains by probing the spin distributions in the trap. Here, we make use of the fact that in the fermionization regime the atoms become impenetrable and therefore their ordering along the longitudinal axis of the trap is fixed. This allows us to determine the spin orientation of the outermost particle in the trap in a tunneling measurement. To do this, we tilt the trap as shown in Fig. 1(c) and thereby allow atoms to tunnel out of the trap. We carefully adjust the trap parameters during the tunneling process, to let exactly one atom [for the (2, 1) and the (3, 1) systems] or two atoms [for the (2, 2) system] tunnel [35]. Finally, we measure the number of spin-up atoms in the final state to determine the state of the spin that left the trap during the tunneling process [35]. We define spin-down tunneling as the process in which all spin-down atoms tunnel out. By repeating this measurement at different magnetic offset fields, we deduce the probability of spin-down tunneling, $P_t(-1/g_{1D})$, as a function of the inverse 1D coupling constant, as shown in Fig. 3.

As shown in Fig. 1(b) for a (2, 1) system in a harmonic trap, the different states of the spin chain can be uniquely identified by their spin densities [12], specifically by the probability of the outermost spin to point downwards. Since in the fermionization regime the ordering of the atoms in the trap is fixed, only the outermost atom can escape during the tunneling process. Exactly at the CIR, the probability of spin-down tunneling should therefore directly reveal the state of the spin chain [12,29,33]. Away from resonance, the probability of spin-down tunneling is also influenced by the energy of the final in-trap states, favoring final states with lower energy, as indicated by the blue arrows in Fig. 2. To identify the spin states throughout the entire spin-chain regime, we compare our data to the results of a tunneling model, which in the following section is explained for a (2, 1) system.

In our tunneling model, the initial states are eigenstates of a Heisenberg spin-chain Hamiltonian [35], where the exchange couplings $J_i$ between neighboring spins depend on the trap geometry and on the inverse 1D coupling constant [12]. For the (2, 1) system with repulsive interactions and a symmetric trap ($J_1 = J_2 > 0$), these eigenstates are the AFM ground state, the intermediate (IM) state, and the FM state, as shown in Fig. 1(b). During the tunneling process the trap is tilted as shown in Fig. 1(c) and therefore the density
affected by its energy and can be calculated as

determines the energy tunneling process are important, since their difference (Fig. 2). In this case, the energies of the initial three-particle particle and the two-particle spin chains are nondegenerate in Fig. 3(a), which is equivalent to the probability of tunneling into the spin-polarized final state [red lines involved in the trapping of the tunneling particle. The tunneling parameter indicating the spin orientation of the tunneling particle. The tunneling process is important, since their difference determines the energy of the tunneling particle. The tunneling rate of the particle that leaves the trap is strongly affected by its energy and can be calculated as

\[ T_{i\rightarrow f} \propto \langle \langle i | f, t \rangle \rangle^2 \approx E^{-2\gamma(t)}, \quad (1) \]

where \( |f, t\rangle = |f\rangle \otimes |t\rangle \) with \( |t\rangle \) indicating the spin orientation of the tunneling particle. The tunneling parameter \( \gamma \) is determined by means of a WKB calculation [35]. The probability to tunnel from state \( |i\rangle \) to state \( |f\rangle \) is given by

\[ P_{i\rightarrow f} = \frac{T_{i\rightarrow f}}{\sum_{t} T_{i\rightarrow t}}, \quad (2) \]

where the sum is over all possible final states \( |f\rangle \).

Using Eq. (2), we calculate the probabilities \( P_{i\rightarrow |1,1\rangle} \) of tunneling into the spin-polarized final state [red lines in Fig. 3(a)], which is equivalent to the probability of spin-down tunneling \( P_{\downarrow} \). Far below the CIR, the energy dependent term \( Ee^{-2\gamma} \) dominates the outcome of the tunneling rates [Eq. (1)]. Therefore, tunneling into the AFM two-particle ground state \( (|\uparrow, \downarrow\rangle - |\downarrow, \uparrow\rangle)/\sqrt{2} \) is strongly favored if its spin overlap to the initial state is not zero. This leads to a limiting value of \( P_{\downarrow} = 0 \) for initial AFM and IM states. Above the resonance, the energy ordering of the two-particle FM and AFM states is reversed and tunneling into the FM states is predominant (Fig. 2) [43]. Here, \( P_{\downarrow} \) is determined by the ratio of the spin overlaps between the first two spins of the initial states and the FM two-particle states \( (|\uparrow, \downarrow\rangle + |\downarrow, \uparrow\rangle)/\sqrt{2} \).

The comparison of the theoretically predicted \( P_{\downarrow} \) of the AFM state in the tilted trap [red solid line in Fig. 3(a)] with the experimental data (blue points) shows good agreement, while the FM (red dashed line) and IM (red dotted line) states are clearly excluded. We therefore conclude that before tunneling both below and above the CIR the system is in the AFM state. The gray points at \(-1/g_{1D} \approx 0\) indicate a narrow resonance effect that couples the AFM state to the IM state of the spin chain. Since this resonance is accompanied by strongly enhanced three-body losses [35], we suspect it to be caused by a coupling of the AFM and the IM states via a molecular state with center-of-mass excitation. The coupling to such molecular states is strongly enhanced by the anharmonicity of our tilted trap [44].

For the AFM state of the (3, 1) system, a similar calculation predicts \( P_{\downarrow} \approx 1\% \) on resonance and a saturation value of \( P_{\downarrow} \approx 75\% \) deep in the super-Tonks regime [35]. As shown in Fig 3(b), the general trend of our measurements agrees with this prediction for the AFM state, but in the super-Tonks regime, there is a significant deviation. The reason for this deviation is that the calculation assumes an adiabatic lowering of the potential barrier. As a result, the tunneling energies of all tunneling channels are always well below the barrier maximum. We believe that this condition is not fulfilled for the (3, 1) system in the super-Tonks regime, where an especially low potential barrier was used for the tunneling measurement. Indeed, if we model a nonadiabatic lowering of the potential barrier, the contribution from tunneling into the IM state reduces \( P_{\downarrow} \) to values that are compatible with the experimental results [35]. In order to study the spin configuration of the balanced (2, 2) system, we adapt the previous procedure and let two atoms tunnel out of the trap. Here, \( P_{\downarrow} \) is defined as the probability to end up in state \( |\uparrow, \uparrow\rangle \), where both spin-down atoms tunneled out of the trap. Again, the predicted \( P_{\downarrow} \approx 4\% \) on resonance and the limiting value of \( P_{\downarrow} \approx 33.3\% \) in the super-Tonks regime are in good agreement with the experiment, as shown in Fig. 3(c).

To independently confirm the results of our measurement of the spin distribution, we perform a second set of measurements that directly probes the spatial wave function of the system. As shown in Fig. 1(a), the relative spatial wave function between identical spins always exhibits a smooth zero crossing, while between distinguishable spins with strong interactions it can exhibit a cusp. The cusps lead to occupancies of high-energy trap levels, while the zero
crossings require only the occupation of the lowest trap levels. In general, the more symmetric the spatial wave function of a state is, the more cusps it will contain. Therefore, the occupation-number distribution on single-particle trap levels directly reveals the spin configuration of the system.

To probe this distribution, we prepare an interacting (2, 1) or (3, 1) system and remove all atoms of the spin-up component from the trap with a short pulse of light. The light is $\sigma^-$-polarized and resonant to the $D_2$ transition of the spin-up atoms ($|\uparrow\rangle = |j = 1/2, m_j = -1/2; I = 1, m_I = 0\rangle$ to $|j = 3/2, m_j = -3/2; I = 1, m_I = 0\rangle$). We confirm that within our experimental fidelity all spin-up atoms are removed from the trap by the light pulse, while only 3% of the population of spin-down atoms is lost. With 15 $\mu$s the duration of the light pulse is significantly shorter than the inverse longitudinal trap frequency of approximately 100 $\mu$s, which sets the time scale of redistribution along the spin chain. This process therefore projects the spin-down component of the wave function of the interacting $(N_f, 1)$-particle system on single-particle trap levels. Finally, we measure the mean occupancies on the single-particle trap levels [35]. In Fig. 4 we compare the mean occupancies of the spin-down atom for the (2, 1) and the (3, 1) systems in the super-Tonks regime with the theoretical prediction that we obtained by numerically diagonalizing the many-body Hamiltonian for these systems. The comparison shows that both systems are in the AFM spin state and thereby confirms that our systems follow this state throughout the fermionization regime.

In conclusion, we have prepared antiferromagnetic Heisenberg spin chains of up to four atoms in a one-dimensional trap and independently probed the spin distributions and spatial wave functions of the systems. This constitutes a direct observation of quantum magnetism beyond two-particle correlations in a system of ultracold fermionic atoms. By using the methods developed in Ref. [5], multiple spin chains can be realized and coupled, which offers a new approach to studying two- and three-dimensional quantum magnetism.

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[33] At the values of $g_{1D}$ attainable in our experiment, the spatial wave function overlap between the spin-chain states and the molecular ground state is negligible. We expect that for a small negative $g_{1D}$ tunneling into the molecular state is predominant.