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Validity of Diagnostic Codes and Prevalence of Physician-Diagnosed Psoriasis and Psoriatic Arthritis in Southern Sweden – A Population-Based Register Study

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Abstract

Objective: To validate diagnostic codes for psoriasis and psoriatic arthritis (PsA) and estimate physician-diagnosed prevalence of psoriasis and PsA in the Skåne region, Sweden.

Methods: In the Skåne Healthcare Register (SHR), all healthcare consultations are continuously collected for all inhabitants in the Skåne region (population 1.2 million). During 2005–2010 we identified individuals with ≥1 physician-consultations consistent with psoriasis (ICD-10). Within this group we also identified those diagnosed with PsA. We performed a validation by reviewing medical records in 100 randomly selected cases for psoriasis and psoriasis with PsA, respectively. Further, we estimated the pre- and post-validation point prevalence by December 31, 2010.

Results: We identified 16 171 individuals (psoriasis alone: n = 13 185, psoriasis with PsA n = 2 986). The proportion of ICD-10 codes that could be confirmed by review of medical records was 81% for psoriasis and 63% for psoriasis with PsA with highest percentage of confirmed codes for cases diagnosed ≥2 occasions in specialized care. For 19% and 29% of the cases respectively it was not possible to determine diagnosis due to insufficient information. Thus, the positive predicted value (PPV) of one ICD-10 code for psoriasis and psoriasis with PsA ranged between 81–100% and 63–92%, respectively. Assuming the most conservative PPV, the post-validation prevalence was 1.23% (95% CI: 1.21–1.25) for psoriasis (with or without PsA), 0.02% (95% CI: 0.00–0.03) for psoriasis alone and 0.21% (95% CI: 0.20–0.22) for psoriasis with PsA. The post-validation prevalence of PsA in the psoriasis cohort was 17.3% (95% CI: 16.65–17.96).

Conclusions: The proportion of diagnostic codes in SHR that could be verified varied with frequency of diagnostic codes and level of care highlighting the importance of sensitivity analyses using different case ascertainment criteria. The prevalence of physician-diagnosed psoriasis and PsA confirm other population-based studies, also after adjustment due to misclassification of disease.

Introduction

Psoriasis is a chronic, inflammatory disease mainly affecting the skin and nails. There are different types of psoriasis, but the most common form is plaque psoriasis. Family history as well as environmental factors such as infections, mental stress, alcohol and smoking, skin injuries and certain medications can trigger the disease [1,2]. A number of those with psoriasis problems also develop psoriatic arthritis (PsA). PsA is thus also a chronic inflammatory disease with major manifestations as inflammatory arthritis, enthesitis, tenosynovitis, and spondyloarthritis resulting in pain, stiffness and swelling in and around the joints or in the back. Most people (60–75%) who develop PsA already have a diagnosed psoriasis. In 10–15% of the cases, inflammatory arthritis is the first symptom and simultaneously onset of arthritis and skin disease occurs with approximately the same frequency [3,4]. As these diseases are chronic and often affect individuals of working age there are implications not only for the individuals, but also for society in terms of health care costs and costs due to productivity losses [5–10].

Studies from across the world have reported prevalence estimates of psoriasis and PsA ranging from 0.7% to 3.2% and...
Problems system, version 10 (ICD-10-SE), for a large and well-populated region is located in the southernmost part of Sweden and holds the Swedish population register. The SHR contains information transferred from both computerized medical records and from administrative application sources on all health care utilization in the Skåne region. In this study, data on all primary care and specialized outpatient and inpatient care is continuously collected for individuals living in the Skåne region including personal identification number (PIN), age, sex, health care provider (physician, nurse, physiotherapist and other), date of visit and diagnostic codes according to ICD-10-SE. Private and public care are registered exactly in the same way in SHR except for the diagnostic codes in private care which are not forwarded to the SHR.

Population register. The Swedish national population register is the civil registration of vital events (e.g. births, deaths, marriages, residential area) of all Swedish inhabitants. The register is continuously updated and used for a variety of purposes by official authorities and by health care providers. In the register, all citizens are identified by their unique 10-digit PIN. By law, all in specialized in- and outpatient care (primary health care excluded) provided has to be registered by the individual's PIN. Through this it is possible to link information from the Swedish population register to SHR and vice versa.

Inclusion Criteria
From the SHR we selected individuals who, at any time during the period 1 January 2005 to 31 December 2010, had consulted any physician and been given an ICD-10 diagnostic code indicating psoriasis. From this group we thereafter selected those who also had a physician consultation where they had received a diagnostic code indicating PsA.

To define the case criteria for psoriasis and PsA we used the ICD-10-SE diagnostic codes registered in the SHR. For each physician consultation we used the first eight of up to 15 possible diagnostic codes positions to search for relevant cases.

Diagnostic codes considered for psoriasis were L40.0, L40.1, L40.2 L40.4, L40.5, L40.8 and L40.9 (see Table 1 for text explanation of the codes). We required each psoriasis case to have consulted a physician at least once in between 1 January 2005 and 31 December 2010 and having been diagnosed with any of the ICD-10 diagnosis codes consistent with psoriasis (see above).

Individuals diagnosed with “arthropathic psoriasis” (ICD-10 diagnostic code L40.5) were directly qualified as PsA cases. Among the rest of the psoriasis cases the prerequisite to qualify as a PsA case was further registration of at least one of the ICD-10 diagnostic codes M07.0, M07.1, M07.2, M07.3 or M09.0 (see Table 1 for text explanation of the codes). Individuals of all ages were included.

Validation of Diagnostic Codes for Psoriasis and PsA
The validation of ICD 10 diagnostic codes was performed for two groups of patients (Figure 1): those with psoriasis alone and those with psoriasis and PsA. In the latter group we validated only the diagnostic codes consistent with PsA.

The cases with psoriasis alone and psoriasis with PsA were divided into five subgroups respectively according to level of care and how frequent the code appeared within the same patient (frequency of diagnostic codes) during the six year study time window (2005–2010). The five subgroups were: 1) primary care -1 diagnostic code only, 2) primary care - ≥2 diagnostic codes, 3)
specialized care - 1 diagnostic code only, 4) specialized care - ≥2 diagnostic codes and 5) at least one code in both primary and specialized care (Figure 1). In each subgroup, 20 cases were selected at random, which in total added up to 100 selected cases for the validation of the diagnostic codes for psoriasis alone and psoriasis with PsA, respectively.

For all physician visits (any physician) registered in SHR at which the patients had received any diagnostic code consistent with psoriasis or PsA during the period 2005–2010, the corresponding medical record notes were thoroughly read for validation of whether the diagnostic code captured in the SHR truly reflected psoriasis and PsA.

For the cases with a diagnostic code for psoriasis or PsA both in primary care and specialized care we started by reviewing the specialized care medical records. For the review of the medical records we used two separate extraction forms, one for the psoriasis cases and one for the PsA-cases. Both forms were developed by the authors of whom one is an experienced dermatologist (ÅS) and two are experienced rheumatologists (ET and IP). The form used for the psoriasis cases consisted of questions regarding heredity, rash, scaling, nail involvement and localization of skin changes. In

Information from the primary care medical records was delivered on paper while information from the specialized care medical record was made available electronically. For the cases with a diagnostic code for psoriasis or PsA both in primary care and specialized care we started by reviewing the specialized care medical records. For the review of the medical records we used two separate extraction forms, one for the psoriasis cases and one for the PsA-cases. Both forms were developed by the authors of whom one is an experienced dermatologist (ÅS) and two are experienced rheumatologists (ET and IP). The form used for the psoriasis cases consisted of questions regarding heredity, rash, scaling, nail involvement and localization of skin changes. In

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**Table 1.** ICD-10 codes used to identify cases of psoriasis and psoriatic arthritis in the Skåne Healthcare Register.

<table>
<thead>
<tr>
<th>ICD-10 code</th>
<th>Diagnosis full text</th>
</tr>
</thead>
<tbody>
<tr>
<td>L40.0</td>
<td>Psoriasis vulgaris</td>
</tr>
<tr>
<td>L40.1</td>
<td>Generalized pustular psoriasis</td>
</tr>
<tr>
<td>L40.2</td>
<td>Acrodermatitis continua</td>
</tr>
<tr>
<td>L40.4</td>
<td>Guttate psoriasis</td>
</tr>
<tr>
<td>L40.5</td>
<td>Arthropathic psoriasis</td>
</tr>
<tr>
<td>L40.8</td>
<td>Other psoriasis</td>
</tr>
<tr>
<td>L40.9</td>
<td>Psoriasis unspecified</td>
</tr>
<tr>
<td>M07.0</td>
<td>Distal interphalangeal psoriatic arthropathy</td>
</tr>
<tr>
<td>M07.1</td>
<td>Arthritis mutilans</td>
</tr>
<tr>
<td>M07.2</td>
<td>Psoriatic spondylitis</td>
</tr>
<tr>
<td>M07.3</td>
<td>Psoriatic arthropaties</td>
</tr>
<tr>
<td>M09.0</td>
<td>Juvenile arthritis in psoriasis</td>
</tr>
</tbody>
</table>

doi:10.1371/journal.pone.0098024.t001

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**Figure 1.** Psoriasis and PsA cases identified in the Skåne Healthcare Register (SHR) during the period 2005 to 2010 and groups of cases with psoriasis alone and cases with psoriasis and PsA. Each group subdivided according to the frequency of diagnostic codes and level of care.

doi:10.1371/journal.pone.0098024.g001
addition to this it was possible to include other information, e.g. patient history and pharmaceutical treatment from the medical record with relevance for the verification of the psoriasis diagnosis. Based on this information it was decided whether the psoriasis diagnosis was 1) verified, 2) unverified due to insufficient information or 3) verified as a non-psoriasis diagnosis. In the form used for the validation of the diagnostic codes for the PsA-cases the classification Criteria for Psoriatic Arthritis (CASPAR) were used as the standard [26]. For cases not fulfilling the 3 points needed in the CASPAR chart to qualify as a PsA it was still possible to qualify as a PsA-case if the medical records included additional information with relevance for the verification of the PsA diagnosis. Based on the information in the predefined form it was decided whether the PsA diagnosis was 1) verified from an overall assessment of the medical record, 2) not verified due to insufficient information in the medical record, 3) verified as a non-PsA diagnosis. Finally, we applied the CASPAR criteria alone.

The reviews of the medical records and a preliminary completion of the extraction forms were performed by an external physician with experience form both the dermatology and rheumatology field. After this initial phase, one dermatologist (ÅS) and one rheumatologist (ET) reviewed all the forms for psoriasis and PsA and made the final decision regarding the accuracy of the diagnosis. In cases of ambiguity, the specialized physicians reviewed the medical records again.

Prevalence Estimates of Physician-diagnosed Psoriasis and PsA

Using data from the SHR, the inclusion criteria were applied to identify all individuals diagnosed with psoriasis and PsA at any time during the period from 1 January 2005 to 31 December 2010. By means of the individuals’ PIN, data were linked from the SHR to the Swedish population register to exclude those who were no longer alive or no longer residents in the county by the end of 2010. Hence, the point prevalence of physician-diagnosed psoriasis and PsA was estimated by dividing the number of individuals who met our inclusion criteria by the number of residents living in the Skåne region by 31 December 2010. We presented the prevalence of 1) psoriasis with or without PsA, 2) psoriasis alone and 3) psoriasis with PsA for the Skåne region population. In addition, the prevalence of PsA-cases with psoriasis in the population of psoriasis cases was also presented. In the calculation of the prevalence estimates, the figure used for the number of residents living in Skåne was reduced by 15% to adjust for the uncertainty generated by the loss of patients consulting only private practitioners and whose diagnoses are not forwarded to the register (although the patients PIN and date of consultations are). Hence, the denominator used was a population of 1 055 766 inhabitants. For a detailed reasoning behind the magnitude of the deduction used, see a previous article from our group [22].

Statistical Analyses

First, we presented descriptive data on demographic variables, patterns of diagnostic codes and physician-consultations for the individuals included in the study. Second, we validated the diagnostic codes of psoriasis and PsA reported in the SHR. When the information in the medical record supported the ICD-10-SE diagnostic code registered in the SHR, the diagnostic code was assumed to be confirmed. We presented the proportion of correct diagnostic codes (the positive predicted value - PPV) in the SHR out of the cases selected for validation and for which it was possible to obtain the medical records.

Finally, pre- and post-validation prevalence estimates of psoriasis and PsA were calculated. The post-validation estimates were based on the most conservative estimate of the positive predictive values of the diagnostic codes for psoriasis and PsA. We also assumed no misclassification of psoriasis and PsA in the other direction in SHR. 95% confidence intervals around the prevalence estimates were calculated using a binomial distribution. The analyses were performed using Stata Statistical Software (Release 10. College station, TX: StataCorp LP) and SPSS.

Results

Population Characteristics

During the six-year study period (2005–2010), we identified 16 171 individuals who fulfilled the inclusion criteria, i.e., diagnosed with psoriasis and/or PsA. Out of those, 13 185 had at least one diagnostic code consistent with psoriasis and 2 986 had at least one diagnostic code consistent also with PsA (Table 2). Of the cases with psoriasis alone 6 488 (49.2%) were women. The corresponding figure for cases with psoriasis and PsA was 1 706 (57.1%). For both sexes, the mean age as on December 31 2010 was slightly lower for cases with psoriasis alone compared to those with psoriasis and PsA.

Psoriasis alone. Of the 13 185 cases with psoriasis alone, the most commonly used diagnostic code for psoriasis was L40.9 “psoriasis, unspecified” in 10 548 (80.0%) of the cases followed by L40.1 “Psoriasis vulgaris” in 4 565 (34.6%) (Table 2). During the study period there were 37 888 physician consultations consistent with a psoriasis diagnostic code registered in the SHR for the cases with psoriasis alone. This corresponds to a mean (SD) of 0.47 (0.58) doctor-consultations per year and case (Table 2). A diagnostic code for psoriasis as primary code were registered for 10 005 (75.9%) of the cases and 7 703 (58.4%) had at least one psoriasis diagnostic code given by a dermatologist, rheumatologist or internist.

Psoriasis with PsA. Of the 2 986 cases with both psoriasis and PsA the most commonly used diagnostic code for psoriasis and also for PsA (by definition in this study) was L40.5 “Arthropathic psoriasis” in 2 948 (98.7%) of the cases. The cases, 38 (1.3%), who did not have a diagnostic code of L40.5 registered qualified as PsA cases having another diagnostic code for psoriasis in combination with any “M07-code” (data not shown). The most common “M07” diagnostic code was M07.3 “Psoriatic arthropathies” in 1 223 (41%) of the cases (Table 2). There were 28 143 physician consultations consistent with psoriasis and PsA registered in the SHR for this group of cases. This means a mean (SD) of 1.57 (1.73) physician-consultations per year and case (Table 2). A diagnostic code for psoriasis and PsA as primary code were registered for 2 719 (91.8%) of the cases and 2 634 (88.2%) had at least one psoriasis and PsA diagnostic code given by a dermatologist, rheumatologist or internist.

Validation of the of ICD-10 Diagnostic Codes for Psoriasis and PsA in the SHR

Psoriasis alone. Of the 13 185 cases identified as cases with psoriasis alone during 2005–2010, 3 349 (25.5%) had received a diagnostic code for psoriasis on a single occasion in primary care and 1 481 (11.2%) on several occasions in primary care. The majority of the cases, 8 355 (63.4%) had received a psoriasis diagnostic code at least once in specialized care (Table 3). Out of the cases with psoriasis alone, 100 (0.76%) cases were selected for validation according to level of care and frequency of diagnostic codes (Table 3). For three cases, the medical notes were missing and validation could not be performed. Overall, at least 79 of 97 (81%) of the validated psoriasis cases were registered with a correct diagnostic code in SHR. For the rest of the 18 cases (19%),
description of lesions and patient history were not sufficient for an
assessment whether it was psoriasis or not. Thus, the PPV of an
ICD-10-SE psoriasis diagnostic code was within the range of 81%
to 100%. The number of dermatologist confirmed psoriasis cases
increased in the presence of more than one diagnostic code in both
primary and secondary care (Table 3).

Psoriasis with PsA. Out of the cases with psoriasis and PsA, 137
(4.6%) cases had received a diagnostic code for PsA on a single
occasion and 114 (3.8%) cases on several occasions in primary care
(Table 3). The majority of the cases, 2,735 (91.6%), had received a
PsA diagnostic code at least once in specialized care.

In the group of cases with psoriasis and PsA, 100 (3.3%) were
selected for the validation (Table 4). Of these seven could not be
retrieved due to administrative reasons. The minimal number of
correctly recorded cases with psoriasis and PsA according to the
overall assessment of the medical records was found to be 59 of 93
(63%). For an additional 27 cases (29%), the information in the
medical record was not sufficient to ascertain whether it was
psoriasis with PsA or not. Thus, the positive predicted value of an
ICD-10 PsA diagnostic code was within the range of 63% to 92%.
Seven cases (8%) had probably another diagnosis, e.g. rheumatoid
arthritis, gout or osteoarthritis with psoriasis. The number of cases
that strictly fulfilled the CASPAR classification criteria (solely
based on information in medical records) was 36 (39%). The
proportion of confirmed cases increased with at least one code in
both primary care and specialized (Table 4). The increase was
even more accentuated for cases with several diagnostic codes
rendered in specialized care.

Doctor-diagnosed Prevalence of Psoriasis and PsA

Prevalence estimates pre-validation. Table 5 presents the
pre-validation prevalence estimates of physician-diagnosed psori-
asis and PsA for individuals of all ages in the Skåne region
population by the end of 2010. The overall prevalence of psoriasis
(with or without PsA) cases was 1.53% (95% confidence interval
[CI]: 1.51–1.56). The corresponding figure for cases with psoriasis
alone was 1.25% (95% CI: 1.23–1.27). The overall prevalence of
cases with psoriasis and PsA was 0.28% (95% CI: 0.27–0.29). The
prevalence of PsA cases among individuals with psoriasis was
18.5% (95% CI: 17.81–19.14). In the group of cases with psoriasis
alone the prevalence was slightly higher for men compared with
women. The opposite relation was true for cases with psoriasis and
PsA.

Adjusted prevalence estimates. Using the most conserva-
tive estimate of the positive predicted value, the post-validation
overall prevalence of psoriasis and psoriasis with PsA was 1.23%
Discussion

In this study, we performed a validation of the ICD-10-SE diagnostic codes registered for psoriasis and PsA in the population-based SHR versus the medical records, and the results showed that the proportion of diagnostic codes that could be verified was at least 81% and 63% respectively. Due to lack of information in the medical records it was not possible to assess whether the diagnostic code was correct or not in 19% and 29% of the reviewed cases of psoriasis and PsA, respectively. Thus, the PPV of an ICD-10-SE code was correct or not in 19% and 29% of the reviewed cases of psoriasis and PsA diagnostic code was within the range of 81% to 100% and 63% to 92%, respectively.

As we hypothesized, the number of confirmed diagnoses varied with level of care and how frequent the code appeared within the same patient, with the highest percentage of confirmed diagnostic codes for cases evaluated on several occasions in specialized care. We also estimated the prevalence of psoriasis and PsA, both unadjusted and, adjusted for potential false positives in the SHR, i.e. misclassified as to have psoriasis and/or PsA. The prevalence (unadjusted figures) physician-diagnosed prevalence was 1.53% (95% CI: 1.51–1.56) for psoriasis with or without PsA, 1.25% (95% CI: 1.23–1.27) for psoriasis alone and 0.28% (95% CI: 0.27–0.29) for psoriasis with PsA in individuals of all ages in the approximately 1.2 million large population of the Skåne region. The prevalence of PsA in the psoriasis population was estimated to 18.3% (95% CI: 17.8–19.1). After adjustment of the estimates, assuming the most conservative PPV due to misclassification of diagnostic codes, the prevalence figures still remained in line with results from other population-based psoriasis and PsA prevalence studies.

A main critic towards population-based studies using administrative database sources is the trust on different types of diagnostic codes for case ascertainment as they may not reflect the patients’ true conditions [8]. Our results suggested correctly recorded diagnostic codes in at least 81% of the psoriasis cases with the true PPV probably higher. The minimum proportion of correctly recorded diagnostic was lower for those with psoriasis diagnostic code on a single occasion (67%) and higher for those with a diagnostic code on several occasions (93%). These results are supported by an evaluation of psoriasis diagnostic codes indexed in an US electronic database in the setting of Olmsted County, Minnesota where the correctness of a single code for psoriasis was 60% with an increase in the correctness for more than one code over time [17]. Similarly high accuracy of diagnostic codes for psoriasis as in SHR has been shown in an electronic primary care database (The Health Improvement Network -THIN) in the UK (90%) [18] and in a managed care organization setting in northern California in the US (89%) [16].

A common case ascertainment method for psoriasis cases is to rely on dermatologist confirmed diagnosis which means that mostly cases given the diagnosis in specialized care are included. Our study showed that there is a risk of excluding true psoriasis cases from a study population relying on this method as many patients actually consult only primary care and also get a correct diagnosis there. We showed that in the Skåne region nearly one third of those with psoriasis consulted only primary care physicians and received a correct diagnosis. An American study based on self-reported data described that 78.3% of the psoriasis patients consulted a specialist and 22% received care from primary care physicians [27].

The minimum number of correctly recorded cases with psoriasis and PsA was found to be 39 (63%). Limited information in the
Table 4. Level of care and frequency of diagnostic codes for the cases identified as psoriasis with psoriatic arthritis (PsA) in Skåne Healthcare Register 2005–2010; validation of diagnostic codes by review of medical records for a subsample of these cases.

<table>
<thead>
<tr>
<th>Level of care and frequency of PsA diagnostic codes</th>
<th>Pre-validation number of cases with psoriasis and PsA (%) in the Skåne region population</th>
<th>Review of medical record</th>
<th>Adjusted numbers of cases with psoriasis and PsA (%) in the Skåne region population based on validation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number of cases actually reviewed</td>
<td>Rheumatologist confirmed (overall assessment of medical record) PsA cases, n (%)</td>
<td>Insufficient information for diagnosis verification, n (%)</td>
</tr>
<tr>
<td>One code in primary care only</td>
<td>137 (4.6)</td>
<td>17</td>
<td>9/17 (53)</td>
</tr>
<tr>
<td>Two or more codes in primary care only</td>
<td>114 (3.9)</td>
<td>17</td>
<td>9/17 (53)</td>
</tr>
<tr>
<td>One code in specialized care only</td>
<td>658 (22.0)</td>
<td>20</td>
<td>10/20 (50)</td>
</tr>
<tr>
<td>Two or more codes in specialized care only</td>
<td>1 670 (55.9)</td>
<td>19</td>
<td>17/19 (89)</td>
</tr>
<tr>
<td>One or more codes in both primary and specialized care</td>
<td>407 (13.6)</td>
<td>20</td>
<td>14/20 (70)</td>
</tr>
<tr>
<td>All cases</td>
<td>2 986 (100)</td>
<td>93</td>
<td>59/93 (63)</td>
</tr>
</tbody>
</table>

1Any code consistent with PsA.

11Adjustment based on the proportion of correct diagnostic codes (the positive predicted value) of PsA in the SHR. Medical records for 7 cases (three primary care 1 code, three primary care ≥2 codes and one specialized care ≥2 codes) were impossible obtain due to administrative reasons.

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medical records was a problem and in an additional 29% we could neither confirm nor disconfirm the diagnosis. The proportion of correctly recorded cases increased to 89% for cases with a diagnostic code for psoriasis and PsA on at least two occasions in specialized care. This result is supported by the US study mentioned above, where the investigators also validated the diagnostic codes for cases with psoriasis and PsA reporting a proportion of correct diagnosis for 64% for PsA cases with at least one diagnostic code for PsA rendered by any physician [16]. In the US study, the proportion of diagnoses that could be confirmed increased to 71% for the cases with at least one diagnostic code given by both a dermatologist and rheumatologist. In the THIN cohort, out of 100 patients seeing a general practitioner with a diagnosis of psoriasis with or without physician-diagnosed PsA, 74 (85%) was reported to be correctly recorded cases increased to 71% for the cases with at least one diagnostic code given by both a dermatologist and rheumatologist. In the THIN cohort, out of 100 patients seeing a general practitioner with a diagnostic code for PsA in primary care could be verified. These results suggest that PsA can be difficult to diagnose; it is a heterogeneous disease and symptoms may be similar to those seen in other rheumatic diseases [14,28], and indicates that PsA seems to be a disease that needs to be confirmed at least two times, including one time in specialized care.

To our knowledge, this is the first Swedish study in recent years addressing population-based estimates of physician-diagnosed psoriasis with or without physician-diagnosed PsA with a proper validation process against medical records. A Swedish study from 1967, using clinical examination as case ascertainment method, reported a psoriasis prevalence of 1.9% [29]. Worth noticing is also a large UK study by Gelfand and co-workers which estimated the prevalence of psoriasis for individuals of all ages to 1.5% in a general population of nearly 7.5 million people [30]; a result similar to that of our study. The above results are also confirmed by other studies taking a population-based perspective. In a systematic review by Parisi et al. the psoriasis prevalence for individuals of all ages in different European populations ranged from 0.7% to 2.9%, with most prevalence results around 2%. Rates from the US range from 0.7% to 2.6% [12].

Regarding the prevalence of PsA, there are fewer population-based studies compared to psoriasis. Our estimated prevalence of 0.28% (unadjusted) and 0.21% (adjusted) is supported by Gelfand and colleagues estimating the prevalence of PsA to 0.25% in a sample of the US general population [31]. However, in contradiction to our study, they used a relatively small adult target population which brings a certain amount of uncertainty into the prevalence estimates. Lower prevalence estimates have been reported in population-based studies from Norway (0.13%) [32], Denmark (0.15%) [33] and the US (0.1%) [34,35]. Another Swedish study, also using the SHR, estimating the prevalence of PsA in the population of the Skåne region, reported a prevalence of 0.25% which is analogous to our result. This study took a starting point in the spondyloarthritis disease group were PsA is one of the subtype conditions. Hence the inclusion criteria and time period differed somewhat compared with the present study where the psoriasis population was the basis [22].

Our prevalence estimate of 18.5% (unadjusted) and 17.3% (adjusted) PsA cases among patients with psoriasis is the mid-range compared to other western studies of recent date. A clinic-based German study and a population-based UK study suggested prevalence figures of 19% and 14% respectively [36,37]. Higher

### Table 5. Pre-validation prevalence estimates of doctor-diagnosed psoriasis and psoriatic arthritis (PsA) by sex in the Skåne region by December 31, 2010.

<table>
<thead>
<tr>
<th>Prevalence % of psoriasis and PsA in the Skåne region population (95% CI)</th>
<th>Prevalence of PsA in the psoriasis cohort</th>
</tr>
</thead>
<tbody>
<tr>
<td>All psoriasis cases (n = 16 171)</td>
<td>Psoriasis alone (n = 13 185)</td>
</tr>
<tr>
<td>in the Skåne region pop. (N = 1 055 766)</td>
<td>in the Skåne region pop. (N = 1 055 766)</td>
</tr>
<tr>
<td>Women</td>
<td>1.54 (1.50–1.57)</td>
</tr>
<tr>
<td>Men</td>
<td>1.53 (1.49–1.56)</td>
</tr>
<tr>
<td>All cases</td>
<td>1.53 (1.51–1.56)</td>
</tr>
</tbody>
</table>

### Table 6. Post-validation prevalence estimates of doctor-diagnosed psoriasis and PsA in the Skåne region by December 31, 2010 based on a conservative positive predictive value.

<table>
<thead>
<tr>
<th>Prevalence % of psoriasis and PsA in the Skåne region population (95% CI)</th>
<th>Prevalence of PsA in the psoriasis cohort</th>
</tr>
</thead>
<tbody>
<tr>
<td>All psoriasis cases (n = 12 958)</td>
<td>Psoriasis alone (n = 10 717)</td>
</tr>
<tr>
<td>in the Skåne region pop. (N = 1 055 766)</td>
<td>in the Skåne region pop. (N = 1 055 766)</td>
</tr>
<tr>
<td>Women</td>
<td>1.23 (1.20–1.26)</td>
</tr>
<tr>
<td>Men</td>
<td>1.22 (1.19–1.25)</td>
</tr>
<tr>
<td>All cases</td>
<td>1.23 (1.21–1.25)</td>
</tr>
</tbody>
</table>
prevalence estimates of PsA in psoriasis patients have been reported in both patient organization-based and clinic-based studies [13,38,39].

The attractiveness of this study compared with many other studies on the prevalence of psoriasis and PsA is that we have been able to estimate the prevalence using a single data source covering both primary care and specialized care utilization for a large population. Limitations of the study include the fact that these may be an underestimation of the true prevalence of psoriasis and PsA in the Skåne due to several reasons. First, only individuals only consulting a healthcare provider (physician) for their psoriasis or PsA problems were included. Second, we did not evaluate whether there were cases misclassified as not to have psoriasis and/or PsA (false negatives) in the SHR. Third, we did assume the PsA problems were included. Second, we did not evaluate PsA in the Ska˚ne due to several reasons. First, only individuals

In conclusion, results support the SHR to be a valid healthcare register for studies on psoriasis and PsA. However, the proportion of the diagnostic codes that could be verified varied with frequency of diagnostic codes and level of care, which highlight the usefulness to perform sensitivity analyses using different criteria for case ascertainment. Furthermore, we have received a robust measure of the impact of psoriasis and PsA in terms of physician-diagnosed prevalence using a validation against medical records. Assuming a number of conservative scenarios, also the post-validation prevalence estimates of psoriasis and PsA can confirm results from other population-based studies.

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Author Contributions

Conceived and designed the experiments: SL ET ÅS ME IFP. Performed the experiments: SL ET ÅS IFP. Analyzed the data: SL ET ÅS KSC ME IFP. Contributed reagents/materials/analysis tools: SL ET ÅS IFP. Wrote the paper: SL ET ÅS KSC ME IFP.

References


