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## Research outputs

### Long-Term Experience of Undergoing Metabolic and Bariatric Surgery as an Adolescent

Örn, M., Järvholt, K., Gronowitz, E., Dahlgren, J., Olbers, T., Sjögren, L. & Engström, M., 2025 Mar 29, In: *Obesity Science Practice*. 11, 2

### Shared reading as an intervention to improve health and well-being in adults: a scoping review

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### Internalized Shame in Treatment-Seeking Adults with Obesity Class II-III and its Association with Quality of Life, Body Image, and Self-Esteem

Lagerström, M., Johnsson, P., Orrenius, B., Järvholt, K., Olbers, T. & Engström, M., 2025 Feb 5, (E-pub ahead of print) In: *Obesity Facts*. p. 1-21 21 p.

### Authors reply: Obesity treatment in adolescents and adults in the era of personalized medicine

Sundbom, M., Järvholt, K., Sjögren, L., Nowicka, P. & Trolle Lagerros, Y., 2025, (E-pub ahead of print) In: *Journal of Internal Medicine*.

### Neuropsychological profile in young girls at high risk of developing anorexia nervosa

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### Multidisciplinary treatment of childhood obesity

Flodmark, C.-E. & Järvholt, K., 2024 Sept, *Childhood Obesity : From Basic Knowledge to Effective Prevention*. Moreno, L. (ed.). Elsevier, p. 245-257

### Metabolic and bariatric surgery for adolescents with severe obesity: Benefits, risks, and specific considerations

Järvholt, K., Janson, A., Henfridsson, P., Neovius, M., Sjögren, L. & Olbers, T., 2024 Mar, In: *Scandinavian Journal of Surgery*. 114, 1, p. 95-106

### "Vissa patienter med obesitas behöver läkemedel"

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### Mental health from 5 years before to 10 years after bariatric surgery in adolescents with severe obesity: a Swedish nationwide cohort study with matched population controls

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**"A balancing act": parents' longitudinal perspectives of weight-related discussions with their children following obesity treatment**

Sjunnestrand, M., Neuman, N., Järvholm, K., Ek, A., Nordin, K., Ramos Salas, X., Eli, K. & Nowicka, P., 2024, In: *BMC Public Health*. 24, 1, 1695.

**Cognitive functioning in adolescents with severe obesity undergoing bariatric surgery or intensive non-surgical treatment in Sweden (AMOS2): a multicentre, open-label, randomised controlled trial**

Järvholm, K., Gronowitz, E., Jansson, A., Peltonen, M., Sjögren, L., Beamish, A., Dahlgren, J., Mårtensson, J. & Olbers, T., 2024, In: *EClinicalMedicine*. 70, April 2024, 102505.

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**Long-term changes in eating-related problems and quality of life in children with overweight and obesity attending a 10-week lifestyle camp**

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**'My goal was to become normal'—A qualitative investigation of coping with stigma, body image and self-esteem long-term after bariatric surgery**

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Dellenmark Blom, M., Järvholm, K., Sjögren, L., Levinsson, A. & Dahlgren, J., 2024, In: *Frontiers in Psychiatry*. 15, 1332598.

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**Systematic Development of National Guidelines for Obesity Care: the Swedish Approach**

Nowicka, P., Sjögren, L., Bertilsson, A.-S., Järvholm, K., Sellberg, F., Sundbom, M., Thalén, L. & Trolle Lagerros, Y., 2024 , In: *Obesity Facts*. 17, 2, p. 183-190

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**Comment on: Association between attention deficit hyperactivity disorder and outcomes after metabolic and bariatric surgery: a nationwide propensity matched cohort study**

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**Development of Swedish National Guidelines for Obesity Care**

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**Long-term outcomes following adolescent metabolic and bariatric surgery**

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**Metabolic and bariatric surgery versus intensive non-surgical treatment for adolescents with severe obesity (AMOS2): a multicentre, randomised, controlled trial in Sweden**

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**Long-term changes in dietary intake and its association to eating-related problems after gastric bypass in adolescents**

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**Patients' views of long-term results of bariatric surgery for super-obesity: sustained effects, but continuing struggles**

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**Five-year outcomes in mental health problems in adolescents undergoing bariatric surgery: results from a prospective Swedish nationwide study**  
Järvholt, K., Bruze, G., Neovius, M., Peltonen, M., Flodmark, C.-E., Henfridsson, P., Beamish, A., Gronowitz, E., Dahlgren, J., Karlsson, J. & Olbers, T., 2019.

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Järvholt, K., Olbers, T., Marcus, C., Flodmark, C.-E., Peltonen, M., Gronowitz, E., Dahlgren, J. & Karlsson, J., 2019.

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Björk, A., Dahlgren, J., Gronowitz, E., Engström, M., Klaesson, S., Jansson, A., Olbers, T. & Järvholt, K., 2019.

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Olbers, T., Beamish, A. J., Gronowitz, E., Flodmark, C.-E., Dahlgren, J., Bruze, G., Ekbom, K., Friberg, P., Göthberg, G., Järvholt, K., Karlsson, J., Mårlild, S., Neovius, M., Peltonen, M. & Marcus, C., 2017 Jan 5, In: *The Lancet Diabetes and Endocrinology*. 5, 3, p. 174–183

**Characteristics of adolescents with poor mental health after bariatric surgery**  
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**Mental health in adolescents undergoing bariatric surgery: Psychological outcomes four months and two years after gastric bypass**  
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**The Adolescent Morbid Obesity Surgery (AMOS) study: Fiveyear outcomes following laparoscopic Roux-en-Y gastric bypass in a Swedish nationwide study**

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Järvholm, K., Olbers, T., Flodmark, C.-E., Marcus, C., Dahlgren, J., Gronowitz, E., Peltonen, M., Beamish, A., Engström, M., Friberg, P., Ekbom, K., Neovius, M. & Karlsson, J., 2016, p. 295.

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**Prizes and Distinctions**

**Bästa abstract presentation**

Järvholm, K. (Recipient), 2022 May

**Nominerad till Stora psykologpriset**

Järvholm, K. (Recipient), 2023

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