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Hållbar vardag och hälsa i ett livsperspektiv
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Forskning

Min forskning som ingår i forskargruppen Hållbar aktivitet och hälsa ur ett livsperspektiv och handlar om att nå ökad kunskap om vardagliga aktiviteter och upplevelse av meningsfullhet samt eventuella samband med hälsa och välbefinnande. Jag fokuserar särskilt på målgruppen med psykisk ohälsa och deras upplevda aktivitetsbalans och vilken mening aktiviteter kan ha. Resultaten av forskningen kan användas inom rehabilitering och för olika stödinsatser inom både regional och kommunal regi. Jag bedriver även forskning och undervisning vid GU om kreativa aktiviteter och dess terapeutiska potential, samt pedagogisk forskning som tillämpas inom programmet.

Forskningsoutput

Experiences of Occupational Value When Doing Creative Activities in a Mental Health Context

Hansen, B. W., Leufstadius, C., Pedersen, H. A., Berring, L. L. & Erlandsson, L. K., 2022, (E-pub ahead of print) I: Occupational Therapy in Mental Health.

A concept analysis of creative activities as intervention in occupational therapy

Hansen, B. W., Erlandsson, L. K. & Leufstadius, C., 2021, I: Scandinavian Journal of Occupational Therapy. 28, 1, s. 63-77

Joining, belonging, and re-valuing: a process of meaning-making through group participation in a mental health lifestyle intervention

Lund, K., Argentzell, E., Leufstadius, C., Tjörnstrand, C. & Eklund, M., 2019, I: Scandinavian Journal of Occupational Therapy. 26, 1, s. 55-68 13 s.

Experience of meaning of occupation at day centers among people with psychiatric disability

Leufstadius, C., 2018, I: Scandinavian Journal of Occupational Therapy. 25, 3, s. 180-189

Adding quality to day centre activities for people with psychiatric disabilities: Staff perceptions of an intervention.

Eklund, M. & Leufstadius, C., 2015, I: Scandinavian Journal of Occupational Therapy. Jul 24, s. 1-10

Empowerment and occupational engagement among people with psychiatric disabilities.

Eklund, M., Hultqvist, J. & Leufstadius, C., 2015, I: Scandinavian Journal of Occupational Therapy. 22, 1, s. 54-61

Effectiveness of an intervention to improve day centre services for people with psychiatric disabilities.

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Argentzell, E., Leufstadius, C. & Eklund, M., 2014, I: International Journal of Social Psychiatry. 60, 6, s. 519-527

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Factors influencing subjective perceptions of everyday occupations: Comparing day centre attendees with non-attendees.
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Attitudes in healthcare students toward mental illness- A pre- and postmulticenteruniversity program survey.
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Measuring perceived meaningfulness in day centres for persons with mental illness
Nilsson, I., Argentzell, E., Sandlund, M., Leufstadius, C. & Eklund, M., 2011, I: Scandinavian Journal of Occupational Therapy. 18, 4, s. 312-320

Test - retest reliability of two instruments for measuring public attitudes towards persons with mental illness.
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Time use in relation to valued and satisfying occupations among people with persistent mental illness – exploring occupational balance
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Time use and daily activities in people with persistent mental illness

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