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Kvalifikationer

allmänmedicin, docent, Lunds universitet
Tilldelningsdatum: 2022 mars 29
PhD, Lund University
Tilldelningsdatum: 2014 nov. 21

Anställning

Docent
Allmänmedicin och samhällsmedicin
Lunds universitet
Malmö, Sverige
2015 sep. 21 → present

Forskningsoutput

Exploring the link between self-rated poor oral health and cardiovascular risk: a cross-sectional study using SCORE2
Nymberg, P., Milos-Nymberg, V., Grundberg, A., Oscarson, N., Stenman, E. & Sundquist, K., 2025 dec., I: BMC Oral Health. 25, s. 1-10 298.

Health-promoting text messages to patients with hypertension—A randomized controlled trial in Swedish primary healthcare

Borgström Bolmsjö, B., Bredfelt, J., Calling, S., Glock, H., Nymberg, V. M., Bengtsson Boström, K., Jakobsson, U., Nymberg, P., Pallon, J., Röst, M. & Wolff, M., 2025 feb., I: PLoS ONE. 20, s. 1-14 e0314868.

Promoting lifestyle change through text messages to patients with hypertension: A randomized controlled trial in Swedish primary care

Glock, H., Björk Javanshiri, A., Borgström Bolmsjö, B., Jakobsson, U., Milos Nymberg, V., Wolff, M. & Calling, S., 2025, I: Preventive Medicine Reports. 51, s. 1-8 103009.

eVisits to primary care and subsequent health care contacts: a register-based study

Glock, H., Jakobsson, U., Borgström Bolmsjö, B., Milos Nymberg, V., Wolff, M. & Calling, S., 2024 dec., I: BMC Primary Care. 25, 1, 297.

Behavioural intentions towards use of digital video consultations in primary care: a survey study on physicians', nurses' and psychologists' perceptions in Swedish primary care

Maack, K., Karlsson, F., Gillberg, N., Wikström, E., Pikkemaat, M. & Nymberg, V. M., 2024 nov. 7, I: BMJ Open. 14, 11, e082724.

Inequity in access to digital public primary healthcare in Sweden: a cross-sectional study of the effects of urbanicity and socioeconomic status on utilization

Eriksson, J., Calling, S., Jakobsson, U., Wolff, M., Borgström Bolmsjö, B. & Milos Nymberg, V., 2024 apr. 15, I: International Journal for Equity in Health. 23, 72.

Lifestyle and cardiovascular risk factors in a Swedish primary care population with self-reported psychiatric symptoms
Milos Nymberg, V., Nymberg, P., Pikkemaat, M., Calling, S., Stenman, E., Grundberg, A., Smith, J. G. & Sundquist, K., 2024 jan., I: Preventive Medicine Reports. 37, s. 1-8 102547.

Association between changed self-rated health and the risk of venous thromboembolism in Malmö Preventive Program: a cohort study

Nymberg, P., Milos Nymberg, V., Calling, S., Engström, G., Svensson, P., Elf, J. & Zöller, B., 2024, I: Journal of Thrombosis and Thrombolysis. 57, 3, s. 497–502 6 s.

Diversity Audit of Medical School Examination Questions

Marjadi, B., Chiavaroli, N., Sorinola, O., Milos Nymberg, V., Joyce, C., Parsons, C. & Ryan, A., 2024, I: Teaching and Learning in Medicine. 36, 5, s. 557-565

How do patients experience and use home blood pressure monitoring? A qualitative analysis with UTAUT 2

Nymberg, P., Bandel, I., Bolmsjö, B. B., Wolff, M., Calling, S., Leonardsen, A. C. L. & MilosNymberg, V., 2024, I: Scandinavian Journal of Primary Health Care. 42, 4, s. 593-601

Physicians' intentions to use digital tools—a comparative survey, before and after the COVID-19 pandemic, in Southern Sweden

Olofsson, S., Karlsson, F., Pikkemaat, M., Ekman, B., Rööst, M., Thulesius, H. & Milos Nymberg, V., 2024, I: Scandinavian Journal of Primary Health Care. 42, 4, s. 497-514

Förbättrade arbets- och patientflöden i primärvården med digitalt Flow: slutrapport

Erlingsdottir, G., Frennert, S., Rydenfält, C. (Medarbetare), Milos Nymberg, V. (Medarbetare), Ekman, B. (Medarbetare) & Muhic, M. (Medarbetare), 2023 dec. 6, AFA Försäkring. 43 s.

Telemedicine in Swedish primary health care - a web-based survey exploring patient satisfaction

Rockler Meurling, C., Adell, E., Wolff, M., Calling, S., Milos Nymberg, V. & Borgström Bolmsjö, B., 2023 dec., I: BMC Health Services Research. 23, 1, 129.

HEAD-MIP-(HEALTH Dialogues for patients with Mental Illness in Primary care)-a feasibility study

Milos Nymberg, V., Pikkemaat, M., Calling, S. & Nymberg, P., 2023 sep. 28, I: Pilot and Feasibility Studies. 9, s. 1-10 167.

Lung function, respiratory symptoms and incident venous thromboembolism during a 44-year follow-up

Calling, S., Nymberg, P., Milos Nymberg, V., Svensson, P. J., Elf, J., Engström, G. & Zöller, B., 2023 aug., I: Thrombosis Update. 12, 100145.

'In the end, I'm the one who has to do the job': Participant experience of a lifestyle intervention for patients with hypertension

Glock, H., Borgström Bolmsjö, B., Milos Nymberg, V., Wolff, M. & Calling, S., 2023, I: Scandinavian Journal of Primary Health Care. 41, 4, s. 457-468 12 s.

'It increases my ability to influence my ways of working': A qualitative study on digitally mediated patient management in primary healthcare

Frennert, S., Erlingsdóttir, G., Muhic, M., Rydenfält, C., Milos Nymberg, V. & Ekman, B., 2023, I: Scandinavian Journal of Caring Sciences. 37, 1, s. 88-105 18 s.

Neighborhood deprivation and coronary heart disease in patients with bipolar disorder

Jansäker, F., Nymberg, V. M., Sundquist, J., Okuyama, K., Hamano, T., Sundquist, K. & Li, X., 2022 dec., I: Scientific Reports. 12, 1, 16763.

Materiality and digitalisation: observations on eHealth solutions for care

Frennert, S., Erlingsdottir, G., Milos Nymberg, V., Ekman, B., Rydenfält, C. & Petersson, L., 2022 nov. 4.

Digitalt stött patientflöde: hot och/eller möjlighet för att underlätta arbetet beror på ledarskapet och hur arbetet organiseras
Frennert, S., Erlingsdottir, G., Muhic, M., Rydenfält, C., Milos Nymberg, V. & Ekman, B., 2022 juni 14. 3 s.

How do clinical supervisors and managers in Swedish primary care perceive their opportunities to meet the learning needs of medical students?

Milos Nymberg, V. & Jakobsson, U., 2022 maj, I: Advances in Medical Education and Practice. 13, s. 521-533

Embedding and Integrating a Digital Patient Management Platform Into Everyday Primary Care Routines: Qualitative Case Study

Frennert, S., Erlingsdottir, G., Muhic, M., Rydenfält, C., Milos Nymberg, V. & Ekman, B., 2022 mars 18, I: JMIR Formative Research. 6, 2, e30527.

Association of autoimmune diseases with cardiomyopathy: A nationwide follow-up study from Sweden

Li, X., Sundquist, J., Nymberg, V. & Sundquist, K., 2022 jan., I: European Heart Journal - Quality of Care and Clinical Outcomes. 8, 1, s. 79-85 7 s.

Assessment of medication discrepancies with point prevalence measurement: how accurate are the medication lists for Swedish patients?

Modig, S., Caleres, G., Nymberg, V. M., Petersson, F., Lundstedt, L. & Lenander, C., 2022, I: Drugs and Therapy Perspectives. 38, 4, s. 185-193 9 s.

Association between self-rated health and venous thromboembolism in Malmö Preventive Program: A cohort study

Nymberg, P., Nymberg, V. M., Engström, G., Svensson, P., Elf, J. & Zöller, B., 2022, I: Preventive Medicine. 159, 107061.

Health care utilization following "digi-physical" assessment compared to physical assessment for infectious symptoms in primary care

Entezarjou, A., Sjöbeck, M., Midlöv, P., Nymberg, V. M., Vigren, L., Labaf, A., Jakobsson, U. & Calling, S., 2022, I: BMC Primary Care. 23, 4.

Materiality and the mediating roles of eHealth: A qualitative study and comparison of three cases

Frennert, S., Petersson, L., Muhic, M., Rydenfält, C., Nymberg, V. M., Ekman, B. & Erlingsdottir, G., 2022, I: Digital Health. 8, s. 1-14 14 s.

Structured assessment of modifiable lifestyle habits among patients with mental illnesses in primary care

Pikkemaat, M., Nymberg, V. M. & Nymberg, P., 2022, I: Scientific Reports. 12, 1, 12292.

Trends in remote health care consumption in Sweden: A comparison before and during the first wave of the Covid-19 pandemic

Milos Nymberg, V., Ellegård, L. M., Kjellsson, G., Wolff, M., Borgström Bolmsjö, B., Wallman, T. & Calling, S., 2022, I: JMIR Human Factors. 9, 1

The effect of sociodemographic factors, parity and cervical cancer on antibiotic treatment for uncomplicated cystitis in women: A nationwide cohort study

Jansåker, F., Li, X., Knudsen, J. D., Nymberg, V. M. & Sundquist, K., 2021 nov., I: Antibiotics. 10, 11, 1389.

Trajectories of body mass index and risk for coronary heart disease: A 38-year follow-up study

Calling, S., Johansson, S. E., Nymberg, V. M., Sundquist, J. & Sundquist, K., 2021 okt., I: PLoS ONE. 16, 10 October 2021, e0258395.

Successful Implementation and Integration of a Digital Healthcare Platform Supporting Patient- and Workflow in a Swedish Primary Healthcare Center

Frennert, S., Erlingsdottir, G., Muhic, M., Rydenfält, C., Milos Nymberg, V. & Ekman, B., 2021 aug. 19, s. 33-34.

Lärdomar från en "lyckad" implementering av en digital plattform i primärvården

Frennert, S., Erlingsdottir, G., Rydenfält, C., Muhic, M., Milos Nymberg, V. & Ekman, B., 2021 juni 15.

Antibiotic Prescription Rates After eVisits Versus Office Visits in Primary Care: Observational Study

Entezarjou, A., Calling, S., Bhattacharyya, T., Milos Nymberg, V., Vigren, L., Labaf, A., Jakobsson, U. & Midlöv, P., 2021 mars 15, I: JMIR Medical Informatics. 9, 3, e25473.

Attitudes, Barriers, and Concerns Regarding Telemedicine Among Swedish Primary Care Physicians: A Qualitative Study

Glock, H., Milos Nymberg, V., Borgström Bolmsjö, B., Holm, J., Calling, S., Wolff, M. & Pikkemaat, M., 2021, I: International Journal of General Medicine. 14, s. 9237-9246

Swedish primary care physicians' intentions to use telemedicine: A survey using a new questionnaire – physician attitudes and intentions to use telemedicine (pait)

Pikkemaat, M., Thulesius, H. & Nymberg, V. M., 2021, I: International Journal of General Medicine. 14, s. 3445-3455 11 s.

The impact of medication reviews conducted in primary care on hospital admissions and mortality: An observational follow-up of a randomized controlled trial

Nymberg, V. M., Lenander, C. & Bolmsjö, B. B., 2021, I: Drug, Healthcare and Patient Safety. 13, s. 1-9 9 s.

Experiences of digital communication with automated patient interviews and asynchronous chat in Swedish primary care: a qualitative study

Entezarjou, A., Bolmsjö, B. B., Calling, S., Midlöv, P. & Milos Nymberg, V., 2020 juli 23, I: BMJ Open. 10, 7, s. e036585

Text message-based lifestyle intervention in primary care patients with hypertension: a randomized controlled pilot trial

Bolmsjö, B. B., Wolff, M., Nymberg, V. M., Sandberg, M., Midlöv, P. & Calling, S., 2020, I: Scandinavian Journal of Primary Health Care. 38, 3, s. 300-307 8 s.

'Having to learn this so late in our lives...' Swedish elderly patients' beliefs, experiences, attitudes and expectations of e-health in primary health care

Nymberg, V. M., Bolmsjö, B. B., Wolff, M., Calling, S., Gerward, S. & Sandberg, M., 2019, I: Scandinavian Journal of Primary Health Care. 37, 1, s. 41-52

Dags för en rejäl översyn av AT-nämnden

Nilsson, M. G. & Milos Nymberg, V., 2017, I: Läkartidningen. 114, s. 1624 1 s.

Drug therapy - a challenge in primary care.

Milos, V., 2014, Family Medicine. 84 s.

Fall risk-increasing drugs and falls: a cross-sectional study among elderly patients in primary care

Milos, V., Bondesson, Å. Å., Magnusson, M., Jakobsson, U., Westerlund, T. & Midlöv, P., 2014, I: BMC Geriatrics. 14, 40.

Swedish general practitioners attitudes towards treatment guidelines a qualitative study

Milos, V., Westerlund, T., Midlöv, P. & Strandberg, E.-L., 2014, I: BMC Family Practice. 15, 199.

Improving the Quality of Pharmacotherapy in Elderly Primary Care Patients Through Medication Reviews: A Randomised Controlled Study

Milos, V., Rekman, E., Bondesson, Å. Å., Eriksson, T., Jakobsson, U., Westerlund, T. & Midlöv, P., 2013, I: Drugs & Aging. 30, 4, s. 235-246

Theory-based interventions to reduce prescription of antibiotics-a randomized controlled trial in Sweden

Milos, V., Jakobsson, U., Westerlund, T., Melander, E., Mölsted, S. & Midlöv, P., 2013, I: Family Practice. 30, 6, s. 634-640

Samordning sjukvård--apotek krävs för bra IT-beslutsstöd. Patientsäkerhet viktig faktor, visar pilotstudie från primärvård i Skåne.

Milos, V., Westerlund, T., Jakobsson, U. & Midlöv, P., 2011, I: Läkartidningen. 108, 48, s. 2506-2507

Projekt

RNTACTSweden: A comparison of two ultra-short interventions in primary care for patients with anxiety, depression, and stress: a randomized controlled trial.

Bengtsson, T. (Forskare), Milos Nymberg, V. (Handledare), Wolff, M. (Biträdande handledare) & Larsson, A. (Biträdande handledare)

2024/01/01 → ...

Att förebygga läkemedelsrelaterade problem – olika aktörers medverkan till ökad läkemedelssäkerhet

Modig, S. (Forskare), Lenander, C. (Forskare), Caleres, G. (Forskare), Borgström Bolmsjö, B. (Forskare), Milos Nymberg, V. (Forskare), Midlöv, P. (Forskare) & Thelin, S. (Forskare)

2022/01/01 → ...

EKG-baserad hjärtålder som riskmarkör för kardiovaskulär sjuklighet

Milos Nymberg, V. (Handledare), Åkesson Lindow, T. (Biträdande handledare), Wolff, M. (Biträdande handledare), Rööst, M. (Biträdande handledare), Svensson Söderberg, K. (Forskarstuderande), Schlegel, T. T. (Forskare) & Ugander, M. (Forskare)

Swedish Society of Medicine

2023/03/01 → 2026/02/28

Equity and sociodemographic differences in the utilization of a digitalized primary healthcare

Eriksson, J. (Forskarstuderande), Milos Nymberg, V. (Handledare), Calling, S. (Biträdande handledare), Kjellsson, G. (Biträdande handledare) & Ellegård, L. M. (Biträdande handledare)

2024/05/01 → 2028/12/01

Förbättrade arbets- och patientflöden i primärvården med digitalt Flow

Erlingsdottir, G. (Projektkoordinator), Rydenfält, C. (Forskare), Ekman, B. (Forskare), Muhic, M. (Forskare) & Milos Nymberg, V. (Forskare)

2020/01/15 → 2023/01/14

Förbättrade arbets- och patientflöden i primärvården med digitalt Flow

Erlingsdottir, G. (Forskare), Frennert, S. (Forskare), Rydenfält, C. (Forskare), Ekman, B. (Forskare) & Milos Nymberg, V. (Forskare)

2020/01/15 → 2023/07/15

HEAD-MIP: HEAlth Dialogues for patients with Mental Illness in Primary care

Nymberg, P. (Forskare), Milos Nymberg, V. (Forskare), Pikkemaat, M. (Forskare) & Calling, S. (Forskare)

2019/01/01 → ...

Heart health from a primary care perspective - bridging the gap between knowledge and action

Svensson Söderberg, K. (Forskare), Milos Nymberg, V. (Handledare), Wolff, M. (Biträdande handledare), Åkesson Lindow, T. (Biträdande handledare) & Rööst, M. (Biträdande handledare)

2022/11/18 → ...

HISS: Hjärtsvikt i Södra Sverige

Milos Nymberg, V. (Forskare), Sundquist, K. (Forskare), Braun, O. (Forskare) & Smith, G. (Forskare)

2019/01/01 → 2026/06/30

HISS: Hjärtsvikt i Södra Sverige-ett samarbetsprojekt för att förbättra diagnostik, behandling och vårdjämlighet

Milos Nymberg, V. (Forskare), Smith, G. (Forskare), Braun, O. (Forskare) & Sundquist, K. (Forskare)

2019/11/01 → 2026/12/31

Implementation of case managers to older persons in primary health care

Kristensson, J. (PI), Sandberg, M. (Forskare) & Milos Nymberg, V. (Forskare)

2016/01/01 → 2017/12/31

Interventioner med fokus på förbättrad följsamhet till behandlingsriktlinjer för kardiovaskulär sjukdom i primärvården- en tvärvetenskaplig studie

Milos Nymberg, V. (PI)

Swedish Research Council

2023/12/01 → 2027/12/31

PUSH-ME

Borgström Bolmsjö, B. (Forskare), Wolff, M. (Forskare), Milos Nymberg, V. (Forskare) & Sandberg, M. (Forskare)

PUSH ME: PUSH ME full scale study: The primary care USage of Health promoting MESSAGES (PUSH ME) trial

Calling, S. (Forskare), Wolff, M. (Forskare), Borgström Bolmsjö, B. (Forskare) & Milos Nymberg, V. (Forskare)

2020/05/27 → ...

PUSH ME: The Primary care USage of Health promoting MESSAGES (PUSH ME) pilot trial

Calling, S. (Forskare), Wolff, M. (Forskare), Borgström Bolmsjö, B. (Forskare), Milos Nymberg, V. (Forskare) & Sandberg, M. (Forskare)

2018/03/01 → 2020/05/26

Thesis on digital primary care

Entezarjou, A. (PI), Midlöv, P. (Handledare), Milos Nymberg, V. (Handledare) & Calling, S. (PI)

2017/05/01 → 2022/04/08