

Forskning

- Food Chemistry and Nutrition
- Food and Diet: Physiological Effects and Consequences
- The Relation of the Food Industry Towards Society and Consumer
- Integrated Food Project (European Master's in Food Studies (EMFS))

Forskning

Researcher in applied nutrition with biology and biochemistry background. Major research interest in functional foods with modulating action on cardiometabolic risk factors, including clinical evaluation of physiological effects. Interest in nutritional features of starch and dietary fiber. 110+ peer-reviewed publications. Active international collaborative research actions. Section Editor of Heliyon-Food Science & Nutrition. Associate Editor of Nutrients and Frontiers in Nutrition.

Undervisning

- MSc courses in Food Chemistry and Nutrition; Food and Diet: Physiological Effects and Consequences; The Relation of the Food Industry Towards Society and Consumer; Integrated Food Project (European Master's in Food Studies-EMFS)
- Undergraduate courses in General Biochemistry and Human Nutrition (UCV)
- PhD courses in Advanced Biochemistry (UCV)