

Employment

Associate professor, Supervisor

Clinical Sciences, Helsingborg
Lund University
Helsingborg, Sweden
2016 Oct 3 → present

Teaching staff

Teachers at the Medical Programme
Lund University
Sweden
2022 Mar 1 → present

Head of Geriatric Section

Helsingborg Hospital
Helsingborg, Sweden
2015 May 1 → 2020 Dec 31

Senior consultant

Vrinnevi Hospital
60182 Norrköping, Sweden
2007 Jan 1 → 2015 Jan 1

Head of Department

Linköping University Hospital
Linköping, S-581 85, Sweden
1998 Jan 1 → 2007 Jan 1

Head of Department

Högland hospital
Eksjö, Sweden
1992 Jan 1 → 1998 Jan 1

Senior consultant

Högland hospital
Eksjö, Sweden
1990 Jan 1 → 1992 Jan 1

Resident (geriatric medicine)

Högland hospital
Eksjö, Sweden
1985 Jan 1 → 1990 Jan 1

Qualifications

Geriatric Medicine, Assos. professor, Geriatric Medicien, Lund University
Award Date: 2019 Feb 8

geriatric Medicine, PhD, Frail elderly patients in hospital - the challenge of participation in medical decision making,
Linköping University
2007 → 2012 Oct 5
Award Date: 2012 Oct 5

2007 → 2016 Scientific counsellor in geriatric medicine and palliative care

2010 → 2013 Expert I framtagande av SBU-rapporten: Akut omhändertagande av äldre med fokus på sköra äldre

Research outputs

Translation and Validation of the Swedish Version of the Tilburg Frailty Indicator

Mazya, A. L., Boström, A-M., Bujacz, A., Ekdahl, A. W., Kowalski, L., Sandberg, M. & Gobbens, R. J. J., 2023 Aug 16, In: *Healthcare*. 11, 16, p. 1-14 2309.

Discordance in Frailty Measures in Old Community Dwelling People with Multimorbidity - A Cross-Sectional Study

Lindh Mazya, A., Axmon, A., Sandberg, M., Boström, A-M. & W Ekdahl, A., 2023, In: *Clinical Interventions in Aging*. 18, p. 1607-1618

The challenge of recruiting multimorbid older patients identified in a hospital database to a randomised controlled trial

Biegus, K. R., Frobell, R. B., Wallin, Å. K. & Ekdahl, A. W., 2022 Dec, In: *Aging clinical and experimental research*. 34, 12, p. 3115–3121 7 p.

Clinical frailty scale – skörhet är ett sätt att skatta biologisk ålder

Ekerstad, N., Cederholm, T., Boström, A-M., De Geer, L., Ekdahl, A., Guidetti, S., Janzon, M. & Alfredsson, J., 2022, In: *Lakartidningen*. 119, p. 1-5 22040.

The experiences of early career geriatricians throughout Europe during the COVID-19 pandemic

Mezera, V., Ekdahl, A. W., Bertschi, D., Bonnici, M., Buzaco, R., Rodeles, S. C., Eruslanova, K., Matchekhina, L., Bazan, L. M. P., Epelde, I. M., Kotsani, M., Femminella, G. D., Koca, M. & Dejaeger, M., 2022, In: *European Geriatric Medicine*. 13, 3, p. 719-724

"To be seen" - older adults and their relatives' care experiences given by a geriatric mobile team (GerMoT)

Ericsson, I., Ekdahl, A. W. & Hellström, I., 2021, In: *BMC Geriatrics*. 21, p. 1-11 636.

Geriatric care in European countries where geriatric medicine is still emerging

Soulis, G., Kotovskaya, Y., Bahat, G., Duque, S., Gouiaa, R., Ekdahl, A. W., Sieber, C., Petrovic, M. & Benetos, A., 2020 Nov 25, In: *European Geriatric Medicine*.

Factors associated with health-related quality of life and burden on relatives of older people with multi-morbidity: a dyadic data study

Krevers, B., Ekdahl, A., Jaarsma, T., Eckerblad, J. & Milberg, A., 2020 Jun 26, In: *BMC Geriatrics*. 20, 1, p. 224

Skörhetsbegreppet viktigt för att förstå den äldre patientens behov

W Ekdahl, A., Ekerstad, N., Alfredsson, J., Johanson, M., Metzner, C., Strandberg, T., Wilhelmson, K. & Cederholm, T., 2020 May 11, *Lakartidningen*, 117, p. 1-5.

Factors related to health-related quality of life in older people with multimorbidity and high health care consumption over a two-year period

Klompstra, L., Ekdahl, A. W., Krevers, B., Milberg, A. & Eckerblad, J., 2019 Jul 5, In: *BMC Geriatrics*. 19, 1, 187.

Does comprehensive geriatric assessment (CGA) in an outpatient care setting affect the causes of death and the quality of palliative care? A subanalysis of the age-FIT study

Dahlqvist, J., Ekdahl, A. & Friedrichsen, M., 2019 Jan 1, In: *European Geriatric Medicine*. 10, 3, p. 455-462

European postgraduate curriculum in geriatric medicine developed using an international modified Delphi technique

Roller-Wirnsberger, R., Masud, T., Vassallo, M., Zöbl, M., Reiter, R., Van Den Noortgate, N., Petermans, J., Petrov, I., Topinkova, E., Andersen-Ranberg, K., Saks, K., Nuotio, M., Bonin-Guillaume, S., Lüttje, D., Mestheneos, E., Szekacs, B., Jonsdottir, A. B., O'Neill, D., Cherubini, A., Macijauskiene, J., & 17 others Leners, J-C., Fiorini, A., van Iersel, M., Ranhoff, A. H., Kostka, T., Duque, S., Prada, G. I., Davidovic, M., Krajcik, S., Kolsek, M., Del Nozal, J. M., Ekdahl, A. W., Münzer, T., Savas, S., Knight, P., Gordon, A. & Singler, K., 2019, In: *Age and Ageing*. 48, 2, p. 291-299

From Frailty to Gerastenia

Strandberg, T. E., Cederholm, T. & Ekdahl, A., 2019, In: *Journal of the American Geriatrics Society*. 67, 10, p. 2209-2210

Is there a relationship between anaesthesia and dementia?

Strand, A-K., Nyqvist, F., Ekdahl, A., Wingren, G. & Eintrei, C., 2019, In: Acta Anaesthesiologica Scandinavica. 63, 4, p. 440-447

Outpatient comprehensive geriatric assessment: effects on frailty and mortality in old people with multimorbidity and high health care utilization

Mazya, A. L., Garvin, P. & Ekdahl, A. W., 2019, In: Aging clinical and experimental research. 31, 4, p. 519-525

Is care based on comprehensive geriatric assessment with mobile teams better than usual care? A study protocol of a randomised controlled trial (The GerMoT study)

Ekdahl, A. W., Axmon, A., Sandberg, M. & Steen Carlsson, K., 2018 Oct 10, In: BMJ Open. 8, 10, e023969.

Effectiveness of Intensive Primary Care

Ekdahl, A. W., 2018 Jul, In: Journal of General Internal Medicine. 33, 7, p. 995-995

Comprehensive geriatric assessment pilot of a randomized control study in a Swedish acute hospital: A feasibility study

Westgård, T., Ottenvall Hammar, I., Holmgren, E., Ehrenberg, A., Wisten, A., Ekdahl, A. W., Dahlin-Ivanoff, S. & Wilhelmson, K., 2018 Apr 25, In: Pilot and Feasibility Studies. 4, 1, 41.

Standard set of health outcome measures for older persons

Akpan, A., Roberts, C., Bandeen-Roche, K., Batty, B., Bausewein, C., Bell, D., Bramley, D., Bynum, J., Cameron, I. D., Chen, L. K., Ekdahl, A., Fertig, A., Gentry, T., Harkes, M., Haslehurst, D., Hope, J., Hurtado, D. R., Lyndon, H., Lynn, J., Martin, M., & 11 othersIsden, R., Raso, F. M., Shaibu, S., Shand, J., Sherrington, C., Sinha, S., Turner, G., De Vries, N., Yi, G. J. C., Young, J. & Banerjee, J., 2018 Feb 2, In: BMC Geriatrics. 18, 1, 36.

Cost-effectiveness of comprehensive geriatric assessment at an ambulatory geriatric unit based on the AGe-FIT trial

Lundqvist, M., Alwin, J., Henriksson, M., Husberg, M., Carlsson, P. & Ekdahl, A. W., 2018 Jan 31, In: BMC Geriatrics. 18, 1, 32.

Primary and Community Care

Ekdahl, A. W., 2018, *Learning geriatric medicine: A study guide for medical students*. Roller-Wirnsberger, R., Singler, K. & Polidori, M. C. (eds.). Cham: Springer, p. 305-311 7 p. (Practical Issues in Geriatrics).

Symptom trajectory and symptom burden in older people with multimorbidity, secondary outcome from the RCT AGe-FIT study

Eckerblad, J., Theander, K., Ekdahl, A. W. & Jaarsma, T., 2016 Nov, In: Journal of Advanced Nursing. 72, 11, p. 2773-2783 11 p.

Outpatient comprehensive geriatric assessment: Effects on frailty

Mazya, A. L., Garvin, P., Unosson, M. & Ekdahl, A. W., 2016 Oct 1, In: European Geriatric Medicine. 7, Suppl 1, p. 16 1 p.

Living unnoticed: Cognitive impairment in older people with multimorbidity

Ekdahl, A. W., Odzakovic, E. & Hellström, I., 2016 Mar 1, In: Journal of Nutrition, Health and Aging. 20, 3, p. 275-279 5 p.

Long-Term Evaluation of the Ambulatory Geriatric Assessment: A Frailty Intervention Trial (AGe-FIT): Clinical Outcomes and Total Costs After 36 Months

Ekdahl, A. W., Alwin, J., Eckerblad, J., Husberg, M., Jaarsma, T., Mazya, A. L., Milberg, A., Krevers, B., Unosson, M., Wiklund, R. & Carlsson, P., 2016 Mar 1, In: Journal of the American Medical Directors Association. 17, 3, p. 263-8 6 p.

Mycket att vinna med ambulerande geriatrisk vård av multisjuka äldre

Ekdahl, A. W., 2016, In: Läkartidningen. 113, 8

To adjust and endure: A qualitative study of symptom burden in older people with multimorbidity
Eckerblad, J., Theander, K., Ekdahl, A., Jaarsma, T. & Hellstrom, I., 2015 Nov 1, In: Applied Nursing Research. 28, 4, p. 322-327 6 p.

Proceedings of the EUGMS Full Board workshop, Vienna, March 4th 2015
Vilches-Moraga, A., Roller-Wirnsberger, R., Ekdahl, A. W., Krulder, J. W., Holmerova, I., Knight, P. V., Verdejo-Bravo, C., Dreher, R. M., Lechner, A. J., Szekacs, B., Karaitianos, I. G., Pedersen, H. S., Krajcik, S., Gorjão, C. J., Frühwald, T., Martin, F. C. & Strandberg, T., 2015 Oct 1, In: European Geriatric Medicine. 6, 5, p. 502-504 3 p.

Long-term evaluation of the ambulatory geriatric assessment-a frailty intervention trial (AGE-FIT)-clinical outcomes and total costs after 36 months
Ekdahl, A. W., Wirehn, A-B. & Alwin, J., 2015 Sept 1, In: European Geriatric Medicine. 6, Suppl 1, p. 179 1 p.

Costs and Effects of an Ambulatory Geriatric Unit (the AGE-FIT Study): A Randomized Controlled Trial
Ekdahl, A. W., Wirehn, A-B., Alwin, J., Jaarsma, T., Unosson, M., Husberg, M., Eckerblad, J., Milberg, A., Krevers, B. & Carlsson, P., 2015 Jun 1, In: Journal of the American Medical Directors Association. 16, 6, p. 497-503 7 p.

Multisjuka äldre behöver individanpassad akutvård: Kanske är det dags att släppa »organtänket« och börja arbeta evidensbaserat
Ekdahl, A. W., 2015 May 26, In: Läkartidningen. 112, p. 1 1 p.

Frailty and comprehensive geriatric assessment organized as CGA-ward or CGA-consult for older adult patients in the acute care setting: A systematic review and meta-analysis
Ekdahl, A. W., Sjöstrand, F., Ehrenberg, A., Oredsson, S., Stavenow, L., Wisten, A., Wårdh, I. & Dahlin Ivanoff, S., 2015 May 21, In: European Geriatric Medicine. 6, 6, p. 523-540 18 p.

The importance of studying personality traits and pain in the oldest adults
Ekdahl, A. W., 2015 Apr 1, In: Scandinavian Journal of Pain. 7, p. 1-2 2 p.

Symptom burden in community-dwelling older people with multimorbidity: A cross-sectional study
Eckerblad, J., Theander, K., Ekdahl, A., Unosson, M., Wirehn, A-B., Milberg, A., Krevers, B. & Jaarsma, T., 2015, In: BMC Geriatrics. 15, 1.

Caring for elderly with multimorbidity: Evaluation of ambulatory geriatric unit (AGU) (the AGE-FIT-study): A randomized controlled trial
Ekdahl, A. W., Wirehn, A-B., Jaarsma, T., Unosson, M., Alwin, J., Husberg, M., Wiklund, R., Hellström, I., Milberg, A., Krevers, B. & Carlsson, P., 2014 Sept 1, In: European Geriatric Medicine. 5, Suppl. 1, p. S63-S64 2 p.

Vård av sköra äldre patienter - Evidensbaserad metod finns
Ekdahl, A. W., Dahlin Ivanoff, S., Ehrenberg, A., Oredsson, S., Sjöstrand, F., Stavenow, L. & Wisten, A., 2014 Feb 11, In: Läkartidningen. 111, 7, p. 256 1 p.

The organisation of hospitals and the remuneration systems are not adapted to frail old patients giving them bad quality of care and the staff feelings of guilt and frustration
Ekdahl, A. W., 2014 Feb, In: European Geriatric Medicine. 5, 1, p. 35-38 4 p.

Geriatric care in Europe - The EUGMS Survey Part II: Malta, Sweden and Austria
Ekdahl, A., Fiorini, A., Maggi, S., Pils, K., Michel, J. P. & Kolb, G., 2012 Nov 1, In: European Geriatric Medicine. 3, 6, p. 388-391 4 p.

How to promote better care of elderly patients with multi-morbidity in Europe: A Swedish example
Ekdahl, A. W., 2012 Apr, In: European Geriatric Medicine. 3, 2, p. 103-106 4 p.

'Are decisions about discharge of elderly hospital patients mainly about freeing blocked beds?' A qualitative observational study

Ekdahl, A. W., Linderholm, M., Hellström, I., Andersson, L. & Friedrichsen, M., 2012, In: BMJ Open. 2, 6, e002027.

Too complex and time-consuming to fit in! Physicians' experiences of elderly patients and their participation in medical decision making: a grounded theory study

Ekdahl, A. W., Hellström, I., Andersson, L. & Friedrichsen, M., 2012, In: BMJ Open. 2, 3

Are elderly people with co-morbidities involved adequately in medical decision making when hospitalised? A cross-sectional survey

Ekdahl, A. W., Andersson, L., Wiréhn, A-B. & Friedrichsen, M., 2011 Aug 18, In: BMC Geriatrics. 11, 46.

"They do what they think is the best for me." Frail elderly patients' preferences for participation in their care during hospitalization

Ekdahl, A. W., Andersson, L. & Friedrichsen, M., 2010 Aug, In: Patient Education and Counseling. 80, 2, p. 233-40 8 p.

Bättre vård för multisjuka äldre

Eklund-Grönberg, A., Köhler, M., Ekdahl, A., Modin, S. & Sjöberg, A., 2009 Sept 29, In: Läkartidningen. 106, 40, p. 2512-3 2 p.

Geriatrikutbildningens omfattning - avgörande för framtidens sjukvård

Ekdahl, A., Sjöberg, A., Nordström, P. & Salal, D., 2009 Sept 28, In: Läkartidningen. 106, 40, p. 2552

Geriatrikutbildningen klarar inte framtidens behov

Ekdahl, A., 2009 Sept 7, In: Läkartidningen. 106, 37, p. 2260

Sammanlagning fel väg att gå

Eklund-Grönberg, A. & Ekdahl, A., 2008 Mar 18, In: Läkartidningen. 105, 12-13, p. 920

Bättre äldreomsorg kräver mer läkarinsatser!

Ekdahl, A., 2006 Sept 5, Läkartidningen, 103, 35, p. 2443.

Ny handlingsplan för bättre klinisk handledning av studenter. Gemensamt projekt vid Hälsouniversitet och landstinget i Östergötland

Hammar, M., Asp, M., Berlin, G., Dahlström, U., Eintrei, C., Ekdahl, A., Ledin, T. & Maller, R., 2006 Mar 1, In: Läkartidningen. 103, 9

An economic evaluation of donepezil in mild to moderate Alzheimer's disease: Results of a 1-year, double-blind, randomized trial

Wimo, A., Winblad, B., Engedal, K., Soininen, H., Verhey, F., Waldemar, G., Wetterholm, A. L., Mastey, V., Haglund, A., Zhang, R., Miceli, R., Chin, W., Subbiah, P., Ekdahl, A., Minthon, L. & The Donepezil Nordic Study Group, 2003 Jan 1, In: Dementia and Geriatric Cognitive Disorders. 15, 1, p. 44-54

Awards

Är vård givet med ett geriatriskt sjukhusanslutet team bättre än vanlig vård? - en randomiserad kontrollerad studie

Ekdahl, A.

Familjen Kamprads Stiftelse: SEK3,900,000.00

2017/09/01 → 2020/08/31

Projects

GerMOT: The Geriatric Mobile team - trial

Ekdahl, A., Axmon, A., Sandberg, M., Jöud, A., Steen Carlsson, K. & Biegus, K.

2017/04/10 → 2024/04/10

2023	
2022	Break in the research because of the pandemic
2021	Break in the research because of the pandemic
2020	Ongoing Comprehensive Geriatric Assessment in the Interventiongroup
2019	Ongoing Comprehensive Geriatric Assessment in the Interventiongroup
2018	Recruiting