

Employment

Associate professor, Supervisor

Clinical Sciences, Helsingborg
Lund University
Helsingborg, Sweden
2016 Oct 3 → present

Teaching staff

Teachers at the Medical Programme
Lund University
Sweden
2022 Mar 1 → present

Head of Geriatric Section

Helsingborg Hospital
Helsingborg, Sweden
2015 May 1 → 2020 Dec 31

Senior consultant

Vrinnevi Hospital
Norrköping, Sweden
2007 Jan 1 → 2015 Jan 1

Head of Department

Linköping University Hospital
Linköping, Sweden
1998 Jan 1 → 2007 Jan 1

Head of Department

Högland hospital
Eksjö, Sweden
1992 Jan 1 → 1998 Jan 1

Senior consultant

Högland hospital
Eksjö, Sweden
1990 Jan 1 → 1992 Jan 1

Resident (geriatric medicine)

Högland hospital
Eksjö, Sweden
1985 Jan 1 → 1990 Jan 1

Qualifications

Geriatric Medicine, Assos. professor, Geriatric Medicien, Lund University
Award Date: 2019 Feb 8

geriatric Medicine, PhD, Frail elderly patients in hospital - the challenge of participation in medical decision making,
Linköping University
2007 → 2012 Oct 5
Award Date: 2012 Oct 5

2007 → 2016 Scientific counsellor in geriatric medicine and palliative care

2010 → 2013 Expert I framtagande av SBU-rapporten: Akut omhändertagande av äldre med fokus på sköra äldre

Research outputs

Factors associated with self-perceptions of ageing among geriatric healthcare professionals: a study by the early career geriatricians initiative group of EuGMS

Çavdar, S., Kayhan Koçak, F. O., Piotrowicz, K., Okyar Baş, A., Zhu, L., Salis, F., Cotobal Rodeles, S., Holst Andersen, L., Ciccone, A. S., Bonnici, M., Kotsani, M., McKeown, W., Ekdahl, A. & on behalf of the ECGI group, 2026, (E-pub ahead of print) In: European Geriatric Medicine.

Clinical usefulness of tools used for screening and measuring frailty in the ambulance and emergency department in older people: a scoping review protocol

Magnusson, C., Wahlstedt, N., Östlundh, L., Ekdahl, A. W., Hugelius, K. & Kurland, L., 2025 Dec 25, In: BMJ Open. 15, 12, e111454.

Risk factors for frequent unplanned hospital visits in older multimorbid patients after an emergency department visit: a retrospective cohort study

Taegil, A., Björkelund, A., Ekdahl, A., Biegus, K., Ekelund, U., Björk, J. & Forberg, J. L., 2025 Dec 20, (E-pub ahead of print) In: Aging clinical and experimental research.

Impact of frailty on mortality, functional outcome, and health status after out-of-hospital cardiac arrest: insights from the TTM2-trial

Göbel Andertun, S., Wissendorff-Ekdahl, A., Ullén, S., Cronberg, T., Friberg, H., Jakobsen, J. C., Blennow Nordström, E., Heimburg, K., Cariou, A., Grejs, A. M., Haenggi, M., Hovdenes, J., Robba, C., Rylander, C., Taccone, F. S., Wise, M. P., Young, P. J., Nielsen, N. & Lilja, G., 2025 Dec, In: Intensive Care Medicine. 51, 12, p. 2367–2377

Nutritional practices in long-term care across five European countries: Findings from the COST Action PROGRAMMING

Rudzińska, A., Bahat, G., Özalp, G., Özkök, S., Savas, S., Petreska-Zovic, B., Rodrigues, A., Kravvariti, E., Wissendorff Ekdahl, A., Duque, S., Petrovic, M., Kotsani, M. & Piotrowicz, K., 2025 Oct, In: Journal of Nutrition, Health and Aging. 29, 10, 100650.

Primary health care professionals' experiences of using the Tilburg Frailty Indicator: An interview study

Mazya, A., Boström, A. M., Sandlund, C. & Ekdahl, A. W., 2025 Jul 18, In: Primary Health Care Research and Development. 26, e61.

Building a pan-European network to bridge gaps in geriatric medicine education: the PROGRAMMING COST Action 21,122—a call for endorsement

Duque, S., Piotrowicz, K., Masud, T., Wissendorff Ekdahl, A., Herghelegiu, A. M., Pavic, T., Kravvariti, E., Bogdanović, N., Bonin-Guillaume, S., Martínez Velilla, N., Roller Wirnsberger, R., Vassallo, M., Kossioni, A., Frost, R., Macijauskiene, J., Koca, M., Benetos, A., Petrovic, M. & Kotsani, M., 2025 Apr, In: European Geriatric Medicine. 16, 2, p. 411-423 13 p., e180.

Challenging ageist language: promoting dignity and respect in healthcare communication

Perera, I., Kotsani, M., Duque, S., Yellon, T., Wissendorff Ekdahl, A., Petrovic, M. & Piotrowicz, K., 2025, (E-pub ahead of print) In: European Geriatric Medicine.

Educational Needs in Geriatric Medicine Among Health Care Professionals and Medical Students in COST Action 21122 PROGRAMMING: Mixed-Methods Survey Protocol

Collaborators of the PROGRAMMING survey on educational needs, 2025, In: JMIR Research Protocols. 14, e64985.

Five years of the Early-Career Geriatricians Initiative (ECGI): reflecting on the past, shaping the present, and envisioning the future

Rosselló-Jiménez, D., Ozkok, S., Duque, S., Ekdahl, A., Piotrowicz, K. & Petrovic, M., 2025, In: European Geriatric Medicine. 16, 3, p. 731-735

The impact of a mobile geriatric acute team on healthcare consumption

Arvidsson, S. A., Biegus, K. R. & Ekdahl, A. W., 2024, In: European Geriatric Medicine. 15, 6, p. 1859-1865 7 p.

Translation and Validation of the Swedish Version of the Tilburg Frailty Indicator

Mazya, A. L., Boström, A.-M., Bujacz, A., Ekdahl, A. W., Kowalski, L., Sandberg, M. & Gobbens, R. J. J., 2023 Aug 16, In: *Healthcare*. 11, 16, p. 1-14 2309.

Discordance in Frailty Measures in Old Community Dwelling People with Multimorbidity - A Cross-Sectional Study

Lindh Mazya, A., Axmon, A., Sandberg, M., Boström, A.-M. & W Ekdahl, A., 2023, In: *Clinical Interventions in Aging*. 18, p. 1607-1618

The challenge of recruiting multimorbid older patients identified in a hospital database to a randomised controlled trial

Biegus, K. R., Frobell, R. B., Wallin, Å. K. & Ekdahl, A. W., 2022 Dec, In: *Aging clinical and experimental research*. 34, 12, p. 3115–3121 7 p.

Clinical frailty scale – skörhet är ett sätt att skatta biologisk ålder

Ekerstad, N., Cederholm, T., Boström, A.-M., De Geer, L., Ekdahl, A., Guidetti, S., Janzon, M. & Alfredsson, J., 2022, In: *Lakartidningen*. 119, p. 1-5 22040.

The experiences of early career geriatricians throughout Europe during the COVID-19 pandemic

Mezera, V., Ekdahl, A. W., Bertschi, D., Bonnici, M., Buzaco, R., Rodeles, S. C., Eruslanova, K., Matchekhina, L., Bazan, L. M. P., Epelde, I. M., Kotsani, M., Femminella, G. D., Koca, M. & Dejaeger, M., 2022, In: *European Geriatric Medicine*. 13, 3, p. 719-724

"To be seen" - older adults and their relatives' care experiences given by a geriatric mobile team (GerMoT)

Ericsson, I., Ekdahl, A. W. & Hellström, I., 2021, In: *BMC Geriatrics*. 21, p. 1-11 636.

Geriatric care in European countries where geriatric medicine is still emerging

Soulis, G., Kotovskaya, Y., Bahat, G., Duque, S., Gouiaa, R., Ekdahl, A. W., Sieber, C., Petrovic, M. & Benetos, A., 2020 Nov 25, In: *European Geriatric Medicine*.

Factors associated with health-related quality of life and burden on relatives of older people with multi-morbidity: a dyadic data study

Krevers, B., Ekdahl, A., Jaarsma, T., Eckerblad, J. & Milberg, A., 2020 Jun 26, In: *BMC Geriatrics*. 20, 1, p. 224

Skörhetsbegreppet viktigt för att förstå den äldre patientens behov

W Ekdahl, A., Ekerstad, N., Alfredsson, J., Johanzon, M., Metzner, C., Strandberg, T., Wilhelmson, K. & Cederholm, T., 2020 May 11, *Lakartidningen*, 117, p. 1-5.

Factors related to health-related quality of life in older people with multimorbidity and high health care consumption over a two-year period

Klompstra, L., Ekdahl, A. W., Krevers, B., Milberg, A. & Eckerblad, J., 2019 Jul 5, In: *BMC Geriatrics*. 19, 1, 187.

Does comprehensive geriatric assessment (CGA) in an outpatient care setting affect the causes of death and the quality of palliative care? A subanalysis of the age-FIT study

Dahlqvist, J., Ekdahl, A. & Friedrichsen, M., 2019 Jan 1, In: *European Geriatric Medicine*. 10, 3, p. 455-462

European postgraduate curriculum in geriatric medicine developed using an international modified Delphi technique

Roller-Wirnsberger, R., Masud, T., Vassallo, M., Zöbl, M., Reiter, R., Van Den Noortgate, N., Petermans, J., Petrov, I., Topinkova, E., Andersen-Ranberg, K., Saks, K., Nuotio, M., Bonin-Guillaume, S., Lüttje, D., Mestheneos, E., Szekacs, B., Jonsdottir, A. B., O'Neill, D., Cherubini, A. & Macijauskiene, J. & 17 others, Leners, J.-C., Fiorini, A., van Iersel, M., Ranhoff, A. H., Kostka, T., Duque, S., Prada, G. I., Davidovic, M., Krajcik, S., Kolsek, M., Del Nozal, J. M., Ekdahl, A. W., Münzer, T., Savas, S., Knight, P., Gordon, A. & Singler, K., 2019, In: *Age and Ageing*. 48, 2, p. 291-299

From Frailty to Gerastenia

Strandberg, T. E., Cederholm, T. & Ekdahl, A., 2019, In: *Journal of the American Geriatrics Society*. 67, 10, p. 2209-2210

Is there a relationship between anaesthesia and dementia?

Strand, A.-K., Nyqvist, F., Ekdahl, A., Wingren, G. & Eintrei, C., 2019, In: Acta Anaesthesiologica Scandinavica. 63, 4, p. 440-447

Outpatient comprehensive geriatric assessment: effects on frailty and mortality in old people with multimorbidity and high health care utilization

Mazya, A. L., Garvin, P. & Ekdahl, A. W., 2019, In: Aging clinical and experimental research. 31, 4, p. 519-525

Is care based on comprehensive geriatric assessment with mobile teams better than usual care? A study protocol of a randomised controlled trial (The GerMoT study)

Ekdahl, A. W., Axmon, A., Sandberg, M. & Steen Carlsson, K., 2018 Oct 10, In: BMJ Open. 8, 10, e023969.

Effectiveness of Intensive Primary Care

Ekdahl, A. W., 2018 Jul, In: Journal of General Internal Medicine. 33, 7, p. 995-995

Comprehensive geriatric assessment pilot of a randomized control study in a Swedish acute hospital: A feasibility study

Westgård, T., Ottenvall Hammar, I., Holmgren, E., Ehrenberg, A., Wisten, A., Ekdahl, A. W., Dahlin-Ivanoff, S. & Wilhelmson, K., 2018 Apr 25, In: Pilot and Feasibility Studies. 4, 1, 41.

Standard set of health outcome measures for older persons

Akpan, A., Roberts, C., Bandeen-Roche, K., Batty, B., Bausewein, C., Bell, D., Bramley, D., Bynum, J., Cameron, I. D., Chen, L. K., Ekdahl, A., Fertig, A., Gentry, T., Harkes, M., Haslehurst, D., Hope, J., Hurtado, D. R., Lyndon, H., Lynn, J. & Martin, M. & 11 others, Isden, R., Raso, F. M., Shaibu, S., Shand, J., Sherrington, C., Sinha, S., Turner, G., De Vries, N., Yi, G. J. C., Young, J. & Banerjee, J., 2018 Feb 2, In: BMC Geriatrics. 18, 1, 36.

Cost-effectiveness of comprehensive geriatric assessment at an ambulatory geriatric unit based on the AGe-FIT trial

Lundqvist, M., Alwin, J., Henriksson, M., Husberg, M., Carlsson, P. & Ekdahl, A. W., 2018 Jan 31, In: BMC Geriatrics. 18, 1, 32.

Primary and Community Care

Ekdahl, A. W., 2018, *Learning geriatric medicine: A study guide for medical students*. Roller-Wirnsberger, R., Singler, K. & Polidori, M. C. (eds.). Cham: Springer, p. 305-311 7 p. (Practical Issues in Geriatrics).

Symptom trajectory and symptom burden in older people with multimorbidity, secondary outcome from the RCT AGe-FIT study

Eckerblad, J., Theander, K., Ekdahl, A. W. & Jaarsma, T., 2016 Nov, In: Journal of Advanced Nursing. 72, 11, p. 2773-2783 11 p.

Outpatient comprehensive geriatric assessment: Effects on frailty

Mazya, A. L., Garvin, P., Unosson, M. & Ekdahl, A. W., 2016 Oct 1, In: European Geriatric Medicine. 7, Suppl 1, p. 16 1 p.

Living unnoticed: Cognitive impairment in older people with multimorbidity

Ekdahl, A. W., Odzakovic, E. & Hellström, I., 2016 Mar 1, In: Journal of Nutrition, Health and Aging. 20, 3, p. 275-279 5 p.

Long-Term Evaluation of the Ambulatory Geriatric Assessment: A Frailty Intervention Trial (AGe-FIT): Clinical Outcomes and Total Costs After 36 Months

Ekdahl, A. W., Alwin, J., Eckerblad, J., Husberg, M., Jaarsma, T., Mazya, A. L., Milberg, A., Krevers, B., Unosson, M., Wiklund, R. & Carlsson, P., 2016 Mar 1, In: Journal of the American Medical Directors Association. 17, 3, p. 263-8 6 p.

Mycket att vinna med ambulande geriatrisk vård av multisjuka äldre

Ekdahl, A. W., 2016, In: Läkartidningen. 113, 8

To adjust and endure: A qualitative study of symptom burden in older people with multimorbidity

Eckerblad, J., Theander, K., Ekdahl, A., Jaarsma, T. & Hellstrom, I., 2015 Nov 1, In: Applied Nursing Research. 28, 4, p. 322-327 6 p.

Proceedings of the EUGMS Full Board workshop, Vienna, March 4th 2015

Vilches-Moraga, A., Roller-Wirnsberger, R., Ekdahl, A. W., Krulder, J. W., Holmerova, I., Knight, P. V., Verdejo-Bravo, C., Dreher, R. M., Lechner, A. J., Szekacs, B., Karaitianos, I. G., Pedersen, H. S., Krajcik, S., Gorjão, C. J., Frühwald, T., Martin, F. C. & Strandberg, T., 2015 Oct 1, In: *European Geriatric Medicine*. 6, 5, p. 502-504 3 p.

Long-term evaluation of the ambulatory geriatric assessment-a frailty intervention trial (AGE-FIT)-clinical outcomes and total costs after 36 months

Ekdahl, A. W., Wirehn, A.-B. & Alwin, J., 2015 Sept 1, In: *European Geriatric Medicine*. 6, Suppl 1, p. 179 1 p.

Costs and Effects of an Ambulatory Geriatric Unit (the AGE-FIT Study): A Randomized Controlled Trial

Ekdahl, A. W., Wirehn, A.-B., Alwin, J., Jaarsma, T., Unosson, M., Husberg, M., Eckerblad, J., Milberg, A., Krevers, B. & Carlsson, P., 2015 Jun 1, In: *Journal of the American Medical Directors Association*. 16, 6, p. 497-503 7 p.

Multisjuka äldre behöver individanpassad akutvård: Kanske är det dags att släppa »organtänket« och börja arbeta evidensbaserat

Ekdahl, A. W., 2015 May 26, In: *Läkartidningen*. 112, p. 1 1 p.

Frailty and comprehensive geriatric assessment organized as CGA-ward or CGA-consult for older adult patients in the acute care setting: A systematic review and meta-analysis

Ekdahl, A. W., Sjöstrand, F., Ehrenberg, A., Oredsson, S., Stavenow, L., Wisten, A., Wårdh, I. & Dahlin Ivanoff, S., 2015 May 21, In: *European Geriatric Medicine*. 6, 6, p. 523-540 18 p.

The importance of studying personality traits and pain in the oldest adults

Ekdahl, A. W., 2015 Apr 1, In: *Scandinavian Journal of Pain*. 7, p. 1-2 2 p.

Symptom burden in community-dwelling older people with multimorbidity: A cross-sectional study

Eckerblad, J., Theander, K., Ekdahl, A., Unosson, M., Wirehn, A.-B., Milberg, A., Krevers, B. & Jaarsma, T., 2015, In: *BMC Geriatrics*. 15, 1.

Caring for elderly with multimorbidity: Evaluation of ambulatory geriatric unit (AGU) (the AGE-FIT-study): A randomized controlled trial

Ekdahl, A. W., Wirehn, A.-B., Jaarsma, T., Unosson, M., Alwin, J., Husberg, M., Wiklund, R., Hellström, I., Milberg, A., Krevers, B. & Carlsson, P., 2014 Sept 1, In: *European Geriatric Medicine*. 5, Suppl. 1, p. S63-S64 2 p.

Vård av sköra äldre patienter - Evidensbaserad metod finns

Ekdahl, A. W., Dahlin Ivanoff, S., Ehrenberg, A., Oredsson, S., Sjöstrand, F., Stavenow, L. & Wisten, A., 2014 Feb 11, In: *Läkartidningen*. 111, 7, p. 256 1 p.

The organisation of hospitals and the remuneration systems are not adapted to frail old patients giving them bad quality of care and the staff feelings of guilt and frustration

Ekdahl, A. W., 2014 Feb, In: *European Geriatric Medicine*. 5, 1, p. 35-38 4 p.

Geriatric care in Europe - The EUGMS Survey Part II: Malta, Sweden and Austria

Ekdahl, A., Fiorini, A., Maggi, S., Pils, K., Michel, J. P. & Kolb, G., 2012 Nov 1, In: *European Geriatric Medicine*. 3, 6, p. 388-391 4 p.

How to promote better care of elderly patients with multi-morbidity in Europe: A Swedish example

Ekdahl, A. W., 2012 Apr, In: *European Geriatric Medicine*. 3, 2, p. 103-106 4 p.

'Are decisions about discharge of elderly hospital patients mainly about freeing blocked beds?' A qualitative observational study

Ekdahl, A. W., Linderholm, M., Hellström, I., Andersson, L. & Friedrichsen, M., 2012, In: *BMJ Open*. 2, 6, e002027.

Too complex and time-consuming to fit in! Physicians' experiences of elderly patients and their participation in medical decision making: a grounded theory study

Ekdahl, A. W., Hellström, I., Andersson, L. & Friedrichsen, M., 2012, In: BMJ Open. 2, 3

Are elderly people with co-morbidities involved adequately in medical decision making when hospitalised? A cross-sectional survey

Ekdahl, A. W., Andersson, L., Wiréhn, A.-B. & Friedrichsen, M., 2011 Aug 18, In: BMC Geriatrics. 11, 46.

"They do what they think is the best for me." Frail elderly patients' preferences for participation in their care during hospitalization

Ekdahl, A. W., Andersson, L. & Friedrichsen, M., 2010 Aug, In: Patient Education and Counseling. 80, 2, p. 233-40 8 p.

Bättre vård för multisjuka äldre

Eklund-Grönberg, A., Köhler, M., Ekdahl, A., Modin, S. & Sjöberg, A., 2009 Sept 29, In: Läkartidningen. 106, 40, p. 2512-3 2 p.

Geriatrikutervisningens omfattning - avgörande för framtidens sjukvård

Ekdahl, A., Sjöberg, A., Nordström, P. & Salal, D., 2009 Sept 28, In: Läkartidningen. 106, 40, p. 2552

Geriatrikutervisningen klarar inte framtidens behov

Ekdahl, A., 2009 Sept 7, In: Läkartidningen. 106, 37, p. 2260

Sammanslagning fel väg att gå

Eklund-Grönberg, A. & Ekdahl, A., 2008 Mar 18, In: Läkartidningen. 105, 12-13, p. 920

Bättre äldrevård kräver mer läkarinsatser!

Ekdahl, A., 2006 Sept 5, Läkartidningen, 103, 35, p. 2443.

Ny handlingsplan för bättre klinisk handledning av studenter. Gemensamt projekt vid Hälsouniversitet och landstinget i Ostergötland

Hammar, M., Asp, M., Berlin, G., Dahlström, U., Eintrei, C., Ekdahl, A., Ledin, T. & Maller, R., 2006 Mar 1, In: Läkartidningen. 103, 9

An economic evaluation of donepezil in mild to moderate Alzheimer's disease: Results of a 1-year, double-blind, randomized trial

Wimo, A., Winblad, B., Engedal, K., Soininen, H., Verhey, F., Waldemar, G., Wetterholm, A. L., Mastey, V., Haglund, A., Zhang, R., Miceli, R., Chin, W., Subbiah, P., Ekdahl, A. (Contributor), Minthon, L. (Contributor) & Donepezil Nordic Study Group, 2003 Jan 1, In: Dementia and Geriatric Cognitive Disorders. 15, 1, p. 44-54

Awards

Är vård givet med ett geriatriskt sjukhusanslutet team bättre än vanlig vård? - en randomiserad kontrollerad studie

Ekdahl, A. (PI)

Familjen Kamprads Stiftelse: SEK3,900,000.00

2017/09/01 → 2020/08/31

Projects

GerMOT: The Geriatric Mobile team - trial

Ekdahl, A. (PI), Axmon, A. (Researcher), Sandberg, M. (Researcher), Saxne Jöud, A. (Researcher), Steen Carlsson, K. (Researcher) & Biegus, K. (Research student)

2017/04/10 → 2024/04/10

2023	
2022	Break in the research because of the pandemic
2021	Break in the research because of the pandemic
2020	Ongoing Comprehensive Geriatric Assessment in the Interventiongroup
2019	Ongoing Comprehensive Geriatric Assessment in the Interventiongroup
2018	Recruiting